

News Letter Journal

Weston County

June 22, 2017

Newcastle, Wyoming

Year 131 Week 25

When She No Longer Waves



Willis Lawrence respectfully retires an American flag per protocol by burning during last Wednesday's flag retirement ceremony. 108 flags were presented for retirement and a public ceremony was held at the Greenwood Cemetery at 6:00 p.m. in Newcastle. This ceremony is conducted each year on June 14, Flag Day. If you have state or American flags that are no longer fit for display, take them to the VFW or Frontier Home, Ranch, and Hardware to be retired. (Bob Bonnar/NLJ)

Spic and span

Community cleanup being planned for August

Alexis Barker
NLJ Reporter

Something that started as a plan to simply help alleviate some of the bustle and decrease the volume of waste collected on the community's Hazardous Waste Day has quickly developed into an event of its own and it appears a community-wide clean up will almost certainly be offered at the end of the summer.

Weston County Natural Resource

District Manager Lacey Sloan hoped to organize a community clean up event to help collect waste, free of charge, in different neighborhoods while promoting the clean up and beautification of Newcastle, and on June 19, she presented the idea to the Newcastle City Council.

"My idea is to do it during the month of August, before Hazardous Waste Day," shared Sloan.

Sloan sought the council's approval and support, in addition to the use of roll-off containers to collect the trash, and during the discussion multiple ideas were thrown out for the event. Although no specific plan was agreed

— See **Cleanup**, Page 3

Hospital set to approve \$16 million budget

Alexis Barker
NLJ Reporter

The leadership at Weston County Health Services has been working to prepare a budget for Fiscal Year 2018 since February, and on June 15 all of that work was presented to the WCHS board for approval. This year the group focused on getting better at budgeting, and they put particular

emphasis on reducing the variance between the budget that is approved and the actual numbers generated over the course of the year.

After crunching number projections based on previous years information, Chief Financial Officer Lynn Moller was able to present a budget that anticipates the facility producing a net gain of over \$2 million in FY18.

(See Budget Notice on page 14)

Moller maintained that no major changes exist in this budget and that patients won't see a change in any of the services offered at WCHS, but he did note that the professionals at the facility did look at expenses a little harder this year to see where the departments can economize.

When considering a

— See **Hospital Budget**, Page 7

FOCUS Works to Protect Against Scams

Bri Brasher for NLJ

Older Americans have long been a favorite target of scams, but the digital age has ushered in a bevy of new weapons that can be utilized to separate people from their money and seniors in this community report that they are constantly besieged by scam artists.

As such, the Senior Center played host to a workshop on scams presented by FOCUS and other community partners on Thursday, June

15. FOCUS, a local organization that provides emergency services, organized and presented the program as a means of recognizing June as National Elder Abuse Month.

Supervised by FOCUS Executive Director Stacie Moberly-Hoxie, the workshop highlighted the situations where people are most commonly scammed, tips for recognizing and preventing a scam, and who to call if victimized or suspicious. Kelly Page, the In-Home Health Manager, and Carmen Allison represented Weston

County Health Services, and Chief of Police Jim Owens spoke on behalf of local law enforcement.

Page began the workshop by explaining the three ways scammers typically approach people. Scammers may solicit door-to-door, call on the phone, or contact individuals through computers. She stressed that scammers often propose things as incentive, request donations, place pressure on making a decision or

— See **Scams**, Page 9



Community Prevention Professional Kristi Lipp has opted to dive in and take on the responsibility of two counties, Crook and Weston, as a result of recent sizeable budget cuts that have affected personnel across the state. (NLJ File Photo)

Prevention effort combined

Lipp will maintain programs in both Weston and Crook Counties

Alexis Barker
NLJ Reporter

As a result of recent budget cuts across the state, a number of agencies are adjusting personnel and focus to

better utilize the funds still available. The Prevention Management Organization of Wyoming, funded through the Wyoming Department of Health, experienced significant cuts, enough to spark a reduction in professionals.

According to Community Prevention Professional Kristi Lipp, the cuts were large enough to cause prevention personnel to not only take a six percent payout, but also decide

— See **Prevention**, Page 7

IF YOU ARE A VICTIM:

Sometimes bad things just happen. A thief can strike even if you are very careful. The following three actions are appropriate in most cases:

1ST:

File a report with your local law enforcement agency in the community where the identity theft took place. Get a copy of the report in case the bank, credit card company or others request a copy.



2ND:

Contact the fraud department of the three major credit bureaus. Request that a "fraud alert" is placed in your file, as well as a statement asking creditors to call before opening any new accounts. Also, order copies of your credit reports. Credit bureaus must give you a free copy of your report; if the report is inaccurate or you have been denied credit. Review your reports carefully, look for inquiries from companies opening fraudulent accounts — make sure no new fraudulent activity has occurred.

3RD:

Contact your creditors about tampered with or fraudulently opened accounts. Speak with someone in the fraud department of each creditor, and follow up with a letter. Immediately close any tampered with account and open a new one with a new PIN and password.



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WEATHER FORECAST

Thursday
Clear
Hi 75, Lo 49



Friday
Mostly Cloudy
Hi 67, Lo 43



Saturday
Chance of Rain
Hi 62, Lo 42



Sunday
Partly Cloudy
Hi 66, Lo 46



Monday
Clear
Hi 73, Lo 52



Tuesday
Clear
Hi 83, Lo 56



Wednesday
Clear
Hi 83, Lo 58



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Opinion

News Letter Journal

Our View

Show silenced by diversity

Our March 23, 2017 editorial lamented the creation of a Chief Diversity Officer position at the University of Wyoming largely because of the cost associated with adding such a position— and whatever employees are required to staff that particular office.

Little did we know that the position— or at least the university mind set that resulted in the creation of it— would prove costly to this community in another way only three months later.

A week ago, this newspaper ran a story promoting a free performance of the long-running Broadway musical, “The Fantasticks,” presented by the UW Department of Theatre and Dance. Our page nine story was based largely on a press release issued by UW to inform the community of the free performance that was scheduled for this Wednesday, and to boast that local students were going to reap the added benefit of attending a pair of workshops put on by the college theatre group.

We’re sorry to inform you that the production and accompanying workshops were suddenly cancelled by UW this week after a Native American group objected to some of the content of the play that was originally produced in 1960. According to published reports, students who were attending the university’s Native American Summer Institute walked out during the intermission of a performance in Laramie last Thursday because they believed, “the show especially demeans Native American cultures with outdated stereotypes of Native American appropriation by non-native actors wearing headdresses/warbonnets,” according to a statement by the United Multicultural Council that also objected to the portrayal of “Native American and Latino/Hispanic characters as the villains or antagonists of the show.”

Unfortunately, UW did not issue another press release announcing the cancellation of the performance in Newcastle and three others that had been scheduled around Wyoming, and we only knew the show had been scrapped because Community Recreation Director Jessica Bettorf informed the public on social media. While we obviously object to the fact that the university took it upon itself to impose its version of “diversity” on our community and take away an opportunity for artistic enrichment that many of us would have greatly enjoyed, we are even more insulted by the fact that the school lacked the courage to issue a press release announcing the cancellations and justifying their reasons for doing so to the communities that they chose to abandon.

“The Fantasticks” closed this month in New York City after having appeared on stage a reported 21,552 times, and we can’t believe the university was willing to abandon the investment that had been made in the performance because one group of individuals protested the content they viewed when it appeared for the 21,553rd time. It is hard to argue that the cost of “diversity” may indeed be higher than society can bear when artistic liberty and freedom of speech are sacrificed this quickly over a complaint this foolish. Once again, the University of Wyoming seems to have shunned the ideals of the people of this state in an effort to emulate the practices of universities in other parts of the country, and at some point that has to stop being alright with the taxpayers who support the school and send their children there.

Don’t tell me you’re bored

All too often I hear people complain of what little there is to do in Newcastle and how the area needs more to do— especially for children.

This could not be any more untrue, and my summer experience is proof of that!

We are currently going over schedules and comparing activity dates to determine when my daughter, at six years old, has time to go camping with her grandparents.

Something that used to be so simple— a few days here, a week there— has suddenly become a difficult task, with multiple adults coming together to determine when a girl going into first grade has enough time to take a camping trip with her grandparents.

Coordinating a number of different schedules— with cousins at different ages and doing different things— is not such an easy task.

Since my daughter finished up her first year of school and the summer officially began, it has been non-stop. We have activities almost every day of the week and events to go to nearly every day of every weekend.

From National Trails Day to RPM Days. From the Eva Marie Bock Glow Run to the dinosaur dig— and summer has only begun!

We have the Weston County Health Services Picnic, Upton Fun Days, and Fair all to look forward to, plus a number of other events sprinkled in throughout the coming weeks.

On top of weekend events, we have spent our weekday mornings choosing between swim lessons and whatever Double Aces activity is scheduled for that day. Next week, my daughter wants to go to three different things on any given day.

Three! And these activities get her exposed to a number of skills and sports, and that allow her to socialize with kids her own age while school is out, are completely free to me.

She has the ability to learn basketball skills, make candy bouquets, learn to

cook, twirl a baton, dance, and even dabble in some acting.

We haven’t even touched on the things we want to do as just a family!

There are the hours at the park, the trips to the lake, the hikes on different trails near town, the BBQs with friends and family, and the long days enjoying time together as a family.

All of this makes for one busy little girl and, in turn, one busy mom.

The point of the story is, utilize what we have to offer, enjoy your neighbors, check out what’s going on at the Weston County Fairgrounds, check out Upton Fun Days, and support those who support you.

There seems to be something always going on in the area, if you are just willing to get out and do it. So get out, put yourself out there, and don’t expect others to bring the “fun” to you. Go out and find it!

Put down your phone, turn off the television, engage with others, interact, converse and really take in what summer in the Newcastle area has to offer.

We may not have a skating rink or a bowling alley. We may not have an over abundance of restaurants or any specialty parks, but what we do have is so much more.

We are lucky enough to live in one of the most beautiful, untouched, natural places in the country.

We have the ability to take our kids on walks, breathe in the fresh air, explore nature, discover creatures and enjoy the outdoors without having to travel past our backyards.

Do you know how many people would love to have what we have and often complain about?

Too many to count.

Go out and enjoy what others in our communities work so hard to provide for others. Go out and support those events, enjoy the sun... or rain. Let your kids take in all of the million activities while they still can— and really live your life.



Alexis Barker
Worse than her bite

Deadline for Letters is noon on Friday

Letters to the Editor

We must limit consumption or nothing will be left

Dear Editor,

In spite of being characterized as a good source of rare earth minerals, no such mining is occurring in the Bear Lodge. The Homestake Mine ran out of gold and closed. However, gold is still being mined on the other side of Terry Peak. We have not depleted all of our natural resources yet, but we are working on it. Our fields are becoming devoid of the elements that make food crops grow. The Ogallala and other important Aquifers are running out of water.

Here it is, decades after Rachael Carlson’s “A Silent Spring” was published, and we are still poisoning our rivers, lakes and air with industrial effluent. Our atmosphere is not immune to massive degradation. We continue to fill it with ever increasing amounts of carbon dioxide, hastening the day when the term “Heat Stroke” fills newspaper headlines.

The point of this litany of woe is to reveal that we must start addressing the deadly problem of excessive consumption and concomitant waste. The lack of appropriate stewardship of the only livable planet our great-grandchildren will inherit is our great moral short-coming.

We lay waste our talents badgering each other about political agendas and accomplishments. Our pursuit of more— ever more— consumes our humanity, but still leaves us unsatisfied. With a couple of minor exceptions, this is the natural response that was essential to survival back in the good old prehistoric days.

We may not be in danger of starvation now, but that ‘getting’ or ‘hoarding’ characteristic has stayed with us. Unfortunately, it has grown to be a much stronger urge in some. They tend to fraternize with each other and form political parties— the underlying purpose of which is to control all the assets, thus assuring themselves of “all that they want.” In some cases, they recognize no limit to what they want.

In self defense, those not in the aforementioned fraternity rise up and form a countervailing force called “The Opposition.” It is the oldest story on earth, beginning with Cain and Abel and retold over and over. It is guaranteed to generate conflict, sometimes quite bloody.

Some European countries have developed a

method to quell this dispute and more equitably distribute the necessities. Thus, everyone enjoys peace and comfort. It is really too bad that we are so blinded by our own magnificence that we wont even consider using a plan developed elsewhere.

—Jerry Baird

Student athletes shouldn’t have to take PE classes

Dear Editor,

Student athletes dedicate a minimum of ten hours through a five-day week— not including contest days— toward sports. Student athletes should not have to participate in physical education (P.E.) class during a sport’s season. A school can replace the class, save money, and gain student athletes.

To begin with, student athletes could replace the P.E. class with a study hour. A main goal of P.E. is to meet fitness goals given to each of them. In 2016, the article “Physical Education” in New World Encyclopedia hypothesized that a main goal of physical education is to have students reach fitness goals. In sports, athletes may complete their own goals set by themselves, and not have the pressure of a grade on how well they can do something. Not only can they set their own personal goals, but also have goals they will want to achieve by will— not by force of a grade.

Student athletes can meet personal goals in their own sport. By setting goals through their sport, they may push themselves harder than they would have in P.E. Many athletes strive to be great, but only when one has set their own personal goals, not by standards of adult.

During the time of the P.E. class, student athletes could be focusing more on their education with a study hall. With this study hall, students may make up on missing work or ask for teachers’ help. Study hall will help the student athletes stay caught up with all school work, and this study hall will only be offered during the sports season the athlete is participating in. Each season would count as a half credit for school.

It really is a simple decision to replace P.E. for study hall on behalf of student athletes.

Additionally, replacing P.E. with a study hall will not cost the school extra money. For further support of this idea, Brad Wolverton, in “Missed Classes, a Changed Grade, and One Disillusioned Adviser” printed in Chronicle of Higher Education on October

16, 2015 hypothesized how college students and former students struggled throughout school when missing classes.

This article explained that players, even at the college level, have a hard time with academics. Generally, student athletes of a variety of ages struggle academically because of the absences in sports. Study hall will help the student athletes with their missing work.

When a student athlete is absent for a class, they are missing essential learning time. Not only will having a study hall benefit student athletes who need to catch up, but also help them understand the work missed. To have this study hall there must be a teacher to assist the student athletes during this time, so the P.E. teacher will look after the athletes for the period of the class. Doing this will not cause the school to spend more money on another teacher to run the study hall, and will not cause any sort of financial problems for the school.

Finally, having sports count as a P.E. credit will encourage students to participate in athletics. Further support of this idea is provided by Chris Nicholson in “The Business Of Sports Field Maintenance” printed in District Administration in 2014. He hypothesized that when parts of a turf football or soccer field are ruined it may cost anywhere from \$500 to \$10,000 dollars to fix.

Having a sports season count as a P.E. credit will influence students to join in the sports that are available. When the schools spend money toward a sport they choose the sport that they see to be most successful. As the school spends money on a sport, by having more students going out the school will get their money’s worth in that sport. Since more students go out for sports, the materials bought for the sport will be used instead of having less students going out and being stuck with all the extra equipment.

Many students do not like to partake in P.E., but students would willingly participate in a sport instead of being judged/graded by adults. Overall, one could say by having sports count as a P.E. credit will inspire students to join sports programs.

Most students work harder in practice than in physical education classes. Student athletes should not have to take physical education. Schools can replace the class, save money, and gain student athletes.

—Madison Pearson

(Ed. note: The preceding letter was written for an assignment in Debb Proctor’s Freshman English class. Please send any responses to this letter to editor@newslj.com)



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What

We strive to cover all the news and entertainment important to the people of Weston County, Wyoming. Our entire staff takes part in the decision-making process of what appears in these pages and all content is locally generated. If you have a story idea please contact any of the people you see here. NLJ editorials appear in the upper left hand corner of this page and are written from the position of the newspaper, usually with the influence of several people, and in the hope that they will carry the weight of our 100-plus years of leadership. The personal columns and letters appearing elsewhere on this page, and others, represent the opinions of single individuals and do not necessarily reflect the position of the newspaper. The NLJ welcomes and encourages your Letter to the Editor. We will print all signed, original letters of local interest. Please provide a phone number for verification. We will not publish letters that are libelous or scurrilous in nature. Letters of thanks are offered at a reduced price in our classified section.

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Why

To provide news and entertainment for, and to serve the best interests of, the people of Weston County.

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Dino Dig



Seventh and eighth-grade students from Dallas, Texas drove up to enjoy the Dinosaur Research Project experience, uncovering dinosaur bones at Hanson Research Station for a few days. (Submitted by Southwestern Adventist University)

Cleanup

from page 1

to that evening the council expressed their support of the idea and instructed Sloan to work to solidify a plan for the community clean up project. She assured them that she would be back on July 3 to finalize that plan.

While nothing was set in stone, Sloan's original idea was to drop off roll-off dumpster in different neighborhoods on different days, and she has already begun rounding up participants from various parts of the community.

"So far I have three volunteers from three different neighborhoods. I told them they would have to sit with the roll-offs until they were hauled off," explained Sloan, who maintained that specifics on drop offs and pick ups would be at the discretion of the city, as she acknowledged the need to avoid creating any additional costs.

Sloan also suggested, as a way to offset the expenses associated with the effort, that individuals utilizing the roll-offs during the clean up could donate canned goods or dog food to help other entities within the community.

Councilwoman Kara Sweet expressed support of the idea, and noted the similarity between Sloan's plan and an approach

the city has taken in previous years with neighborhoods that organize their own clean up. She said that she was comfortable with the idea of allowing people to dump in the roll-offs for free, but said she wanted the effort to produce a positive result toward the community's overall beautification efforts.

"I am not worried about people getting something for nothing...As for the fee or food drive, it's a good idea, but I am not worried about something for nothing. I am worried about the clean up," asserted Sweet.

Local realtor Matthew Ramsey was in attendance, and he suggested that instead of doing the community clean up by neighborhood a central location be used and people could haul their items there.

"We could get as many roll-offs as you would be willing to (provide) in one location. It would be easier to man and any garbage that is left we can round up. We could go around and have volunteers to promote in the neighborhoods," commented Ramsey, who offered to help Sloan put together a tighter plan and promote the event.

"If we knew how many (roll-offs) we could get and how long we could have them, we could

go around and build a fire," remarked Ramsey.

The council agreed that a central location might be a better idea than having roll offs in individual neighborhoods. City Engineer Mike Moore reasoned that the central location appealed to him, and that he would be in favor of pursuing the community clean up in that fashion.

However, one neighborhood volunteer, Bernie Terry, professed that she already had additional volunteers lined up and would much rather have roll-offs in her neighborhood. She expressed that they already have a location that would work and are willing to do whatever was needed to make it work for the city.

"I see it working both ways," Moore observed.

Sloan assured the council that she had "started the fire and will keep it burning" while she figures out specifics for the community clean up. She will return to the council on July 3 to discuss details and move forward in planning the event. Anyone interested in volunteering to help at a central location or organize a clean up for their neighborhood is encouraged to contact Sloan at 746-3264.

City Beats

Notes from the June 19 Newcastle City Council meeting.

- Newcastle Volunteer Fire Department Chief Austin Baker approached the council to discuss fire pit usage and ordinances. He suggested that the city have something set in stone that would put liability on the landowner and make the jobs of individuals, including dispatchers and police officers, easier. Mayor Deb Piana suggested that City Attorney Jim Peck draft an ordinance to come before the council, similar to the sample provided by Baker. The council expressed no negotiation to the idea.
- A public hearing was held for the city's Fiscal Year 2018 budget. No public opinion was shared and the council approved the budget.
- Resident Shane Ankeny expressed concern

regarding sidewalk condition and the lack of wheelchair access to sidewalks in certain portions of town. He suggested that the Americans with Disabilities Act contains regulations dealing with sidewalks and the restriction of handicap access, and City Attorney Jim Peck advised that the city should take a look at the areas of concern to make sure they are compliant although he acknowledged that sidewalk maintenance is the responsibility of the homeowner.

- The resignation of Rachel Householder from the Weston County Travel Commission was accepted by the council. At the same time, they approved the appointment of Matthew Ramsey to her position for the remainder of her three-year term.

We appreciate our local firefighters

Please join us in supporting them

If you've made a donation to our local firefighters this year, thank you. If you haven't, we hope you'll join First State Bank in donating to this important local service!



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Marge Elliott

Thank you!

The family of Marge Elliott would like to thank every one for their kind words, cards, flowers, phone calls, food and memorial contributions. A Very Special thank you to Doug and Diane Hudson and all the staff of Mondell Heights for their loving care.



A tribute to mom

Who in their life hasn't planted a peach pit just hoping that somehow a seedling would grow? And then they move on to some other adventure, and if it comes up well, they don't even know. That's one way of picturing your style of living. You've planted ideas and dreams unaware. You've noticed somebody whose heart needs attention and planted a positive feeling in there. It's part of your nature. You may not remember the kind and encouraging things that you've done... But everywhere "peach pits" are growing like crazy, and people are blooming. I know I am one.

Your loving daughter,
Judy

In honor of my fourth grade teacher, Mrs. Elliott.

My highlight of that year (besides winning the spelling contest and getting a 'real' silver dollar as a prize) was Mrs. Elliott's rendition of 'Casey at the Bat'. She had it memorized and would recite it every chance she got. And we loved it.

She was able to breathe so much life into each and every word. We all would sit at the edge of our seats as if we, too were in the crowd anxiously awaiting the Mighty Casey. Her voice would crescendo to mimic the noise of the crowd and drop to a whisper to build the thrill of moment. With each recital, I just knew Casey would hit that dang ball out of the park. I am still waiting.

This version of course is not Mrs. Elliott. But my mind can hear her voice and can see her expressions even after forty-three years. She was a wonderful storyteller.

So I say to the Mudville Nine, your biggest fan has arrived. Make room for her in your crowd's nest, dust off a stool and tilt the microphone. And then, sit and listen. "Oh somewhere in this favored land the sun in shining bright, The band is playing somewhere, and somewhere hearts are light; And somewhere men are laughing, and somewhere children shout. But there is no joy in Mudville - mighty Casey has struck out."

Rest in peace, Mrs. Elliott.
Marty Ertman



Weston County Health Services Foundation Raffle



1st Prize: 50" Westinghouse TV LED 1080p Smart-HDTV

2nd Prize: Acer 16 GB Android Tablet

3rd Prize: LED Projector

Drawing will take place on August 4, 2017 at the WCHS Foundation Pancake Breakfast. You do not need to be present to win. Raffle tickets are \$10 each or 3 for \$20 and can be purchased from Norma Shelton or at WCHS from Maureen Cadwell or Denice Piscioti. Proceeds benefit the WCHS Scholarship Fund.

This ad paid for by WCHS Foundation



News Letter Journal

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In Loving Memory



Linda Marie Schneider
September 28, 1959 - April 23, 2017

Please join us for a celebration of life on Monday, July 3rd at the Weston County Senior Center, Michaels Room
A short memorial service will be from 10:00 a.m. - 12:00 p.m.

Obituary

George Shirley
February 15, 1938-June 10, 2017



George Shirley

George L. Shirley, 79 passed away Saturday, June 10, 2017 at Weston County Health Services.

He was born February 15, 1938 in Pueblo, Colo. to George and Ida Shirley. He served in the Army. He moved to Newcastle

in 1959 and married Edna Fairbanks they had 7 children, they later divorced. In 1988 he married Verna Hultenschmidt in Custer, So. Dak.

George worked for the Wyoming Department of Transportation for 30 years and retired in 2001, he and Verna spent winters in California. He liked fishing and hunting. He was very proud being an active Jehovah's Witness.

He is survived by his wife, Verna, three daughters Cindy (Victor) Ireland, Vickie (Jim) Dains, Patsy (Tim) Rose,

two sons LeRoy (Jan) Shirley, Don and first Edna Orsborn and six grandchildren, Joey, Michael, Broderick, Bianca, Deenna, Britni and one great-granddaughter Gweneth, two sisters, Darlene of Wisconsin and Beverly from Casper. Plus several cousins, nieces and nephews.

Preceding George in death are his parents, a son Bobby, a daughter Bonnie and his sister Betty.

Services will be Saturday, June 24 at 2 p.m. at Kingdom Hall in Newcastle, a reception will follow the service.

Book boxes could start cropping up

Lending program would rely on the honor system

Alexis Barker
NLJ Reporter

Book cupboards, called various things throughout the country, are growing in popularity and Newcastle is set to join in on the trend through the work of four individuals who want to share their love for books. This group of four ladies, brought together by one common idea, are now moving forward with the hope of providing reading material to children and adults alike across the community.

Patti Smith brought the original idea back from a recent trip, while Christa Lacey became involved because she wants to bring her love of reading to everyone. Both had ideas that were slightly different, with

Smith suggesting the placing of book exchange boxes on private property while Lacey indicated she would like to see them in parks and public places throughout town.

Smith and Lacey were joined by Susan Love and Brenda Ayres when they presented the idea of placing book cupboards around the community to the Newcastle City Council on June 19.

Love explained that the group already has a little cupboard that they plan to place on private property on Main Street to act as a home for books that individuals are willing to share with others. While Love was working with Smith on the idea, Lacey contacted her with the same idea, and it only got bigger from there.

"We have a beautiful library, but not everyone accesses and uses it," Lacey offered. "They want to put it on private property. I want to put them in the parks where kids are around. My intent is to hit kids, the ones

that can't go and spend \$40 at the book fairs."

Lacey plans to invest her own money in the project by purchasing materials that the Wyoming Honor Conservation Camp has agreed to turn into cupboards for the books. Her idea includes starting with three boxes at different places throughout town—in parks and along the bike paths.

The council expressed their support for the ideas, but encouraged Lacey to consider using private property instead of public parks in hopes of avoiding potential vandalism. City Engineer Mike Moore acknowledged that a vandalism problem exists in the parks, and expressed that the cupboards may be at substantial risk in the locations suggested by Lacey.

"I hope that wouldn't happen, but I'm realistic. The investment is \$50 to \$60. If we choose not to beautify and support our community, then nothing will happen," Lacey reasoned. Smith

recognized the possibility of vandalism, but maintained that if there is an issue, the cupboards could be removed.

Councilwoman Kara Sweet suggested that the group consider the placement of the cupboards on private property near the parks in the hope that this would discourage vandalism. She supported the idea of placing a cupboard in the parks, but recommended the first of the boxes be on private property to see how things go. Ayres commented that she does not think the idea will affect the library adversely. She believes that, if anything, it promotes reading by making books available to kids and travelers in the parks.

Mayor Deb Piana gave the nod to both ideas, and the group got the go-ahead from the council with a suggestion to work together as they move forward in the project. The four ladies involved all indicated a willingness to combine their efforts.

*Gone yet not forgotten
Although we are apart
God has you in His keeping
We have you in our hearts*



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Faith & Values

- **ASSEMBLY OF GOD CHURCH:** Rev. Norm Brotzman, 216 S. Seneca, 746-2249. Call to Worship 9:30 am; Children's Church during Call to Worship; Faith Rally Sunday 6 pm.
- **BAHA'I FAITH:** Firesides (Open to All) 1st & 3rd Fridays 7:30 pm at 15 Skyview Dr, 746-3626.
- **CAMBRIA COMMUNITY BAPTIST CHURCH:** Pastor Todd Olson, 19 Stampede St. 746-2321. Sunday School 9:15 am; Worship 10:30 am; Youth (6-12 grades) and Adult Bible Study Sunday Evening 6-7 pm; Wednesday Night Youth and Adult Bible Study 6 pm; Life Recovery Bible Study Sunday Night 7 pm.
- **CHRIST CHURCH EPISCOPAL:** Fr. Tom Campbell, S. Summit & Winthrop Streets. 746-9684. haydishall@hotmail.com. Service times: Holy Eucharist 1st, 3rd & 5th Sundays 10:00 a.m.; Morning prayer 2nd & 4th Sundays 10:00 a.m.
- **CHRIST THE KING LUTHERAN CHURCH:** Pastor Tsena Dinssa, 224 West Road, West of Dow Park, 746-2415. Sunday Worship 9 am.
- **CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS:** Bishop Greg James, 120 Ash, 746-4131. Sunday Sacrament Mtg 9 am; Sunday School 10:20 am; Relief Society & Priesthood Mtg 11:15 am.
- **CORPUS CHRISTI CATHOLIC CHURCH:** Father Tim Martinson, 19 W. Winthrop, 746-4219. Saturday Mass 5 pm; Sunday Mass 5 pm; Weekday Mass 8 am.
- **COUNTRY CHURCH:** Four Corners, Pastor Bill Haley, 746-9712, Worship 10 am.
- **FIRST BAPTIST CHURCH:** Pastor Gary Anderson, 903 S. Summit, 746-2188. Sunday School 9:15 am; Worship Service 10:30 am; Evening Service 6 pm; AWANA Clubs 6:30 pm.
- **CHURCH ON THE HILL:** Wayne Wilson, 301 Delaware, 746-5542. Sunday School 9:30 am; Prayer Service 10:15 am; Worship 10:45 am; Youth Group Wednesday 6:30 pm; Christian Academy preschool & K-12 746-9663.

- **OUR SAVIOR CHURCH:** Pastors Doug and Frezil Westerlund, Weston County Fairgrounds, Service Sundays 9:30 am. 307-941-2524
- **FIRST UNITED METHODIST CHURCH:** Pastor Michael Jarrell, 23 N. Seneca, 746-4119. Adult Bible Study 8:45 am; Traditional Church Services 10 am; 10:15 am Children's Church; 11:30 a.m. Casual Worship Service, Youth Group Sunday evenings 5:30-7:00 p.m.
- **GATEWAY FELLOWSHIP:** Pastor Jon Andersen, Evangelical Free Church meets at the Weston County Senior Services; Sunday School 9:30 am; Worship 11 am. Call 746-8091.
- **KINGDOM HALL OF JEHOVAH'S WITNESSES:** 5018 US Hwy 16, 746-2319 or 746-4517. Tuesday 7 p.m. Congregation Bible Study, Theocratic Ministry School and Service Meeting, Sunday Public Talk 10 am; Watchtower 11 am.
- **NEWCASTLE FOURSQUARE CHURCH:** Pastor Mick Bohn, 1525 S. Summit, 746-3618. Sun. Worship 10 am; Wed. Night Prayer.
- **OSAGE COMMUNITY CHURCH:** 348 Sheridan St. in Osage, 465-2341. Sunday School 10 am; Worship 11 am and 6 pm.
- **SEVENTH-DAY ADVENTIST:** Pastor Chuck Gadway 303-229-3103, 78 Old Hwy 85 and Pastoral Assistant Matt Dooley 949-0831. Saturday Sabbath School 9:30 am; Worship 11:00 am.
- **ST. ANTHONY'S CATHOLIC CHURCH:** Father Killian Muli, Upton. Sunday Mass 11:30 am.
- **VICTORY NEW TESTAMENT CHURCH:** Rev. Theodore L. Halls, 414 Pine, 746-4366.
- **UPTON UNITED METHODIST CHURCH:** Rev. Sharee Johnson, 834 Pine, Upton, 468-9302. Worship 9 am; Fellowship 10 am; Adult Study 10:30 am; 1st & 3rd Wed Evenings Prayer and Praise Service 7 pm. August 7, 14, and 21 church is at 9am. August 28--no church in Upton, worship is at 11am at Rev Johnson's home in Custer. September 4th and all sundays following, 9am Sunday School, 10am Worship, 11am Fellowship, and 11:30 Bible Study.

**HATRED STIRS UP CONFLICT,
BUT love COVERS OVER ALL
WRONGS. PROVERBS 10:12**



Daily Devotional Reading

Jun 22 Acts 17:16-34	Jun 23 Acts 18:1-23	Jun 24 Galatians 1:1-24	Jun 25 Galatians 2:1-21	Jun 26 Galatians 3:1-14	Jun 27 Galatians 3:15-4:7	Jun 28 Galatians 4:8-31
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Scriptures Selected by the American Bible Society

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Treasured Memories
Hospice & Palliative Care

Recapture

A PIECE OF HISTORY

June 24, 1892

Kinch McKenney was denied a new trial by the Supreme Court last week.

Mr. S.B. Hamilton, of Skull Creek, was in the city Saturday.

Michael Shay has been appointed executor of the will of John Shay, deceased & guardian of his three minor children Nellie, Anna & Eugene.

Mrs. M. Bohan & Mrs. Thomas Holly are opening up a bakery & restaurant in the building formally occupied by Charles Hopp in the Mondell Block. A bakery is needed in Newcastle & the ladies need patronage and are deserving of it. We hope they will meet with good reward for their labor and bake good bread.

The site has been selected for the new school house in Cambria. It will be built about two hundred yards north of the church.

Mrs. Dr. Horton is out of her room again. We observed her buggy riding last Sunday.

F.A. Thole, who has been east for medical treatment for the past three months, came in on the B.&M. Monday.

June 28, 1917

Andrew Nicol went to Cheyenne Saturday, having been drawn to serve on the Federal Grand Jury.

Dr. N.E. Wells, H.W. Whitmore, C.C. Kirkpatrick, Jack Cross, & Jack Walsh went up on Castle Creek near Hill City, in South Dakota, last Sunday, to hunt for trout. They claim to have found the fishing good.

Johnny Walters, a seven-year-old boy, narrowly escaped death last Saturday while working around the gasoline tanks of the Continental Oil Company in this city. He had been employed in draining & cleaning the tanks, and climbed up and looked into the manhole of one of them to see how much gasoline was left. The tank was empty, but the fumes arising overcame Johnny & he tumbled into the tank. Several men nearby fished him out, & a physician put in about four hours working to bring the boy around to normal state.

Jess Baker was in from Hampshire last Friday.

Mrs. Essex of Upton, attended the Eastern Star Lodge Tuesday evening, returning home yesterday morning.

The Red Cross work room in the Armory building will open on next Thursday July 5th.

Mr. & Mrs. Glasgow & daughter, of the Sheep Creek Country, were town visitors Monday.

June 25, 1942

Funeral services were held at the Knights of Pythias Lodge on Monday afternoon June 22nd, for Frank Darin who had been a patient in the Acord Hospital for two weeks and who died Friday evening.

A group of 39 people made a trip to Lead last Sunday where they made a tour of the Homestake Gold Mine. The tour was conducted by special Homestake guides who explained the different plants in a most efficient & courteous manner.

It was announced yesterday by C.F. Martens, chairman of the Rubber Salvage Committee

that approximately 75 tons of old rubber has been gathered to date, and it is hoped that much more will be turned in by the closing date of the drive.

Arlene Rose came up Sunday from Scottsbluff, Neb., and will spend the summer with her parents, Mr. & Mrs. R.A. Rose at the Jones Camp.

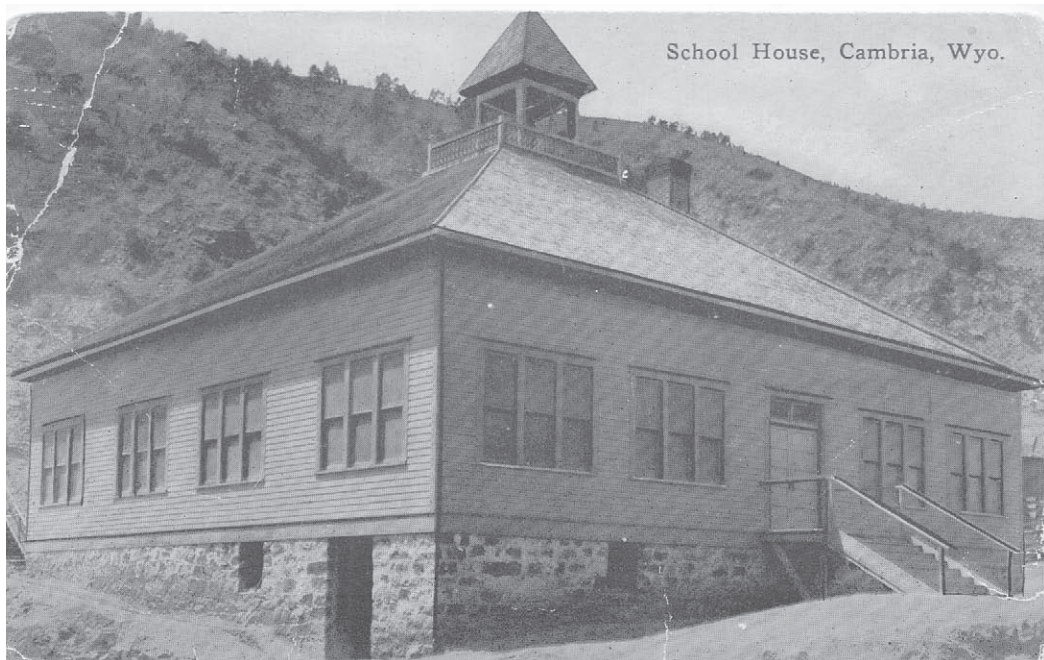
Mr. & Mrs. Walter Abernathy and Mr. & Mrs. Jim Furman attended the picnic at the Devils Tower on Sunday.

Mr. & Mrs. McDermott who spent several days in Rapid City last week returned home Sunday. Mr. McDermott went through the clinic in Rapid.

Mrs. Frank Lanouette & Florence visited Mrs. Lanouette's sister in Deadwood last week while Mr. Lanouette, Wallace, & Hugo were in Faith, S.D.

A bad hail storm struck Upton last Thursday and for several miles around. The stones broke out windows, damaged car tops and gardens. Seven windows were broken in the school house.

Should have seen it in color



Cambria School House. (Photo Courtesy of Anna Miller Museum)

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WHAT'S UP

June 2017

Weston County Meetings & Events Calendar

	TIME	EVENT	LOCATION
Thurs 22	7:00 p.m.	AA Meeting	WC Senior Center, Family Room
Fri 23	9:00 a.m.	Cinnamon Roll Friday	WC Senior Center
	10:00 a.m.	DOT Chamber Coffee/Retirement	Forestry Building
	11:30 a.m.	WC Library Board Meeting	WC Library
	5:00 p.m.	Steven Sandven Open House	Crow Law Office
	5:30 p.m.	4-H Camp	Mallo Camp (Thru Sunday)
	7:00 p.m.	Bingo	VFW Hall
Sat 24	10:00 a.m.	Photographer's Gallery Showcase	WC Fairgrounds Event Center
	7:00 p.m.	NA Meeting	Cambria Church Basement
Sun 25	7:15 p.m.	Women Only Life Recovery Meeting	Cambria Church Basement
Mon 26	8:45 a.m.	Vacation Bible School	7th Day Adventist Church (Thru Friday)
	7:00 p.m.	AA Meeting	WC Senior Center, Family Room
Tues 27	8:00 a.m.	Future Dogie Soccer Camp	Newcastle Soccer Fields (Thru Wed.)
Wed 28	1:00 p.m.	Creative Handicrafts	WC Senior Center
Thurs 29	7:00 p.m.	AA Meeting	WC Senior Center, Family Room
Fri 30	9:00 a.m.	Cinnamon Roll Friday	WC Senior Center
	6:30 p.m.	Jane Rhoades Retirement	Newcastle Country Club
	7:00 p.m.	Dance - Music by Western Ramblers	WC Senior Center
	7:00 p.m.	Bingo	VFW Hall

July 2017

Sat 01	9:00 a.m.	Cinnamon Roll Friday	WC Senior Center
	11:00 a.m.	American Legion Bike Rodeo	WC Fairgrounds
	7:00 p.m.	Mini Sprint Races	WC Fairgrounds
	7:00 p.m.	Bingo	VFW Hall

Calendar Sponsored by Newcastle Area Chamber of Commerce

For a complete listing of events, for more information on these events, or to list your own event, visit the Chamber website at newcastlewyo.com

Birthdays & Anniversaries

- June 24**
Rocky & Kim Rhoades 🎂
Nic & Jessica Behnke 🎂
Art & Sally Peabody 🎂
- June 25**
Carl & Wyoma Jungck 🎂
Bob Tranas
- June 26**
Don & Jennifer Steveson 🎂
- June 27**
Cory Crinklaw
- June 28**
Heidi Farnsworth
Mr. & Mrs. Duane Ottema 🎂
- June 29**
Mr. & Mrs. Tom Harder 🎂
Zach Orsborn
Josie Smith
- June 30**
Mr. & Mrs. Hayden Huber 🎂
Tony & Kara Lenardson 🎂

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Kid-size Cones

The Howdy Drive-In
Mon-Thurs 11 am - 7 pm & Fri-Sat 11 am - 9 pm
834 S. Summit • 746-2176

Couples Golf

Every Friday at 5 p.m.
Beginning June 2

Men's League Week 4 pin prizes donated by Newcastle Motors

- Low gross - John Prell - 36
- Low Net - Chris Gray - 32
- Longest Drive hole #3 - Chris Gray
- Longest Putt hole #6 - Jim Bainer
- Closest to pin in 1 shot- Hole #8 - Wade Wilyard
- Closest to pin 2 shots hole #5 - RC Donaldson
- Closest to pin 3 shots hole #1 - Scott Beehler

Newcastle Country Club
2302 W. Main • 746-2639

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Accepting Applications

Newcastle Area Chamber of Commerce is seeking applications for the position of Executive Director. Chamber directors lead the business community's efforts to support and enhance the community. Applicant must be proficient in planning, organizing, and overseeing a range of services for members consistent with the long term vision of the board of directors. Applicant must have a propensity to work with other organizations including local government and advocate for the benefit of members. Experience in strategic planning, budgets and finance preferred. Salaried position, 5 days a week with personal and vacation time. Position open Sept. 1st, 2017. Submit employment application letter and resume by August 1st.

Mail or deliver letter of interest and resume to:
Chamber Board of Directors
1323 Washington Blvd. Newcastle, WY 82701

The Solar Eclipse is fast approaching Monday, August 21st



Weston County Public Health has certified eclipse glasses at our office for \$1.50

Get a FREE pair of Eclipse Glasses with any service provided.

Make sure you view the eclipse safely by wearing protective eye glasses or a solar viewer. Looking directly at the sun is unsafe except during the brief phase of totality, when the moon entirely blocks the sun's bright face. Make sure the eclipse glasses you wear are certified for safety. Look for CE on the product to verify they meet safety standards.

Retirements and dedications



Clockwise from left: The brothers of Newcastle's Masonic Lodge #13 chose June 14, Flag Day, to host a dedication ceremony for a new flagpole at the Lodge that was performed by the local American Legion Post. The short ceremony began at 10:00 a.m., and ended with the flag being attached to the new telescoping pole and raised in the air. Kelly Wood provided refreshments inside the lodge at the conclusion of the event; Don Dafeo raises the flag on the new telescoping pole; Deb French, Barry Peterson and Mike Carpenter prepare one of many flags to be retired for the burning ceremony. (Bob Bonnar/NLJ)

Taking public speaking to the public



Instructor hopes students can practice in the community

Jenna Piper for NLJ

Describing herself as a busy body, Bri Brasher, a graduate of the University of Wyoming with an undergrad degree in Communications & Journalism and a Masters in Communication under her belt, has big plans for the speech class that she has begun teaching here through Eastern Wyoming College's Outreach Program.

Brasher is not new to the teaching field, having taught nearly 200 students over the course of two years as part of her graduate program.

"For a GTA (graduate teaching assistant) that is awesome experience to have that many students. I could have limited myself to around a 100, and instead I did some summer class and extra sections in January and things like that. So, I really tried to get as much experience as I could

Bri Brasher, the new public speaking instructor for the Eastern Wyoming College Outreach program in Newcastle seeks to engage her students in community settings. (Photo courtesy of Blake's Portrait Studio)

with help, and with the guidance of our supervisors," Brasher told the News Letter Journal.

Of course, as a graduate assistant, Brasher had to follow a strict curriculum in order to keep the GTA's from being radically different from one another, and she is eager to finally have her own class and have the ability to branch out as a teacher.

"I'm really excited to have the freedom to, for real, have my own class and work with that— especially smaller class sizes with a little bit of flexibility with time in the summer. So, we'll see how things mesh out," she stated.

In addition to expanding on her teaching skills, Brasher is also motivated to take students out of the classroom setting and have them apply the skills they have learned out in the community.

"In such a small community, where their work I think would really be measurable, it's really intriguing to me to get them out and using the skills and practicing the skills that they're seeing in the classroom. So I'm playing around with ideas with that, whether it's attending city council meetings or school board meetings when they can, or doing an overall class fund-raising project," Brasher said.

As a native of Cody, Brasher has observed other ways of getting students out into the public.

"In Cody we have the high school kids mentor younger kids, and you

do workshops and things with them. Even if it's on that kind of scale, just getting them out of the classroom— outside of lecture— and applying the skills that you learn in the classroom setting," she reasoned.

Brasher stressed that her ideas are very much in the brainstorming phase, and said she is in the process of working out details. She is merely getting in touch with individuals or groups who may offer different opportunities around the community for her students to learn, and still has to seek approval from the school district to put her plans in motion.

While a majority of Brasher's students attend the class due to the fact that the class is part of their curriculum on a larger academic scale, she noted that a few are participating to merely learn more about communication skills.

"I can preach and preach that public speaking is a very utilitarian skill, but until you actually, firsthand, see the applicability of things, I don't think that really hits home with kids," Brasher said, indicating the hope that giving students the opportunity to take their skills out into the community and utilize them may also bring more people into class.

"I think it's a new, cool dynamic where community engagement might even be a lure for some other people in the community to take the class if they get to go out and work and practice things outside of class," Brasher suggested.

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Fresh from the farm



Rene Miller smiles as she picks through a colorful eye of peppers, all the while scoping out a bag of baby carrots that will end up in her bag as well. Decker's Market put up a big tent on the south side of their building on Friday, and filled it with fresh produce to entice local consumers to shop at home last weekend. They sweetened the deal by having Darren Downs barbecue ribs at the front door, and the lunchtime rush was heavy enough to run him out of ribs- if only temporarily. There was no report on how much produce was sold on the sidewalk that day, but Downs cooked and served hundreds of ribs to hungry shoppers. (Bob Bonnar/NLJ)

Hospital Budget

from page 1.....

budget with so many different moving parts, Moller shared that they look at historic trends, increased service charges for various departments, and the effects of new technology on the specific departments when determining revenue and expenses. Managers are encouraged to not make across-the-board increases, but to consider the potential areas that may need increased funding due to any one of those factors.

"Operating expenses are budgeted at current levels except where price changes can be reasonably forecast," reported Moller. He noted that one area that saw an increase was employee salaries and wages, which was increased approximately 5 percent, but Moller indicated that no major increases or decreases exist in the coming budget. Additionally, he said all the numbers represented in the budget are based on past experiences, or what the facility feels are reasonably attainable goals.

"After non-operating items (Hospital District Levy) are included, the budget bottom line is positive," revealed Moller,

who said the projected profit for the facility is at \$2,673,625 for the coming year.

Treasurer Barry Peterson clarified that \$1,045,000 should be removed from that number when talking real net gain, due to that portion of money being dedicated to debt services.

"That \$1,045,000 is mainly the bonds for the construction project. We don't have any other significant debt. So we are hoping to be about a \$1 million in the good," Moller agreed.

Prior to the non-operating revenues being considered, WCHS would see a net loss of roughly \$73,575. This is due to total expenses being projected at \$16,286,450 while operating revenue—or the revenue from actually doing business—is estimated at \$16,212,875.

"Total non-operating revenue is budgeted at \$2,747,200, so when you take the \$73,575 from that we see a net gain of \$2,673,625," reported Moller, who said that the budget projects the district will perform better financially than it has in other years.

During the budget process, a capital budget is also developed. Through a number of different meetings, that acts as essentially a wish list for things WCHS would like to purchase, and whether or not these items are eventually acquired depends on both funds and the direct need for the item.

"The big items for this year's capital budget are \$750,000 to finish the construction project. A digital mammography is in the 2018 budget for about \$200,000. We are also looking at repairing and fencing the property on Taft Street. We are anticipating that to be in the neighborhood of \$200,000," reported Moller.

He also indicated that in the FY18 capital budget, \$600,000 is also included for the conversion to the EPIC electronic records system, making the total for this year's capital budget \$1,811,514.

"The need at the time of acquisition, and availability of funds, are the final determinants of capital items actually purchased," maintained Moller. He explained that a capital budget going out three years is required by the State of Wyoming.

Hospital Happenings

Notes from the June 15 Weston County Health Services Board Meetings.

- Weston County Health Services board members approved a motion to sign the updated physical therapy agreements between the facility and Newcastle High School. Occupational therapy is designated at a maximum of \$40,000, which is slightly up from previous years, and physical therapy's maximum is at \$10,000.
- Quality Director JoAnn Farnsworth shared with the board that during recent physician's meetings a new waiver of responsibility was introduced to the group. The document is for patients to sign if they opt out of care or leave against medical advice.

- Representatives of Scull Construction attended the meeting to give a building project update. Phase B is slated to be complete near the end of July or early August, with Phase C scheduled to begin directly after that.

- CEO Maureen Cadwell informed the board that she was approached by Newcastle Ambulance Service about looking into a community medicine pilot program. She noted that agencies now have the ability to participate in a community medicine program, and the Wyoming Department of Health would like Newcastle to be one of the pilot cities.

Prevention

from page 1.....

whether they were willing to go to part-time status or pick up another county's program. Lipp opted to go with the second option, and that means she will now work prevention management for both Weston and Crook Counties.

The focus of the state's efforts, as far as prevention management goes, was also affected by the budget cuts. The Department of Health determines how the PMO will focus on their efforts by the amount of funds each of the categories is allotted by the state every year.

"They pick the three things that cost the state the most—those being alcohol, tobacco and opiate or prescription drugs," revealed Lipp, who noted that the change means no state funding will be available for suicide prevention or marijuana education through the PMO, both of which were significant topics of discussion in Weston County.

Lipp acknowledged that the lack of state funding does not mean the subjects will be entirely ignored, but she said that prevention management professionals like herself will have to get creative and look for other funding sources to address those concerns.

While some of the adjustments will be possible, Lipp admitted that a number of prevention campaigns will take a hit, and she fears this could prove troubling.

"We can't continue the middle-aged man suicide awareness campaign, and that is very disheartening. We have made long strides," professed Lipp, who maintained that the local task force will have to get creative and work with other entities to achieve a common goal if they hope to continue to educate and raise awareness in those realms where funding will no longer be provided.

Lipp acknowledged that the creation and continued maintenance

of the prevention team that has been built here—and other organizations throughout the community that partner with the Weston County Prevention Task Force—will be key to moving forward through this change. As an example, Lipp pointed to the ability to continue to offer QPR suicide prevention training in the community through individuals who reside in Weston County and are qualified to provide the training. She said those types of relationships through the Prevention Task Force will be even more important moving forward.

"I am going to work on strengthening relationships in the community," Lipp said, noting the Task Force was created specifically to help maintain a prevention presence in the community if funds ever dried up. "I don't know what that will look like, but we have come a long way in the 13 years I have been working in

prevention management."

Strengthening those relationships, however, may prove to be the biggest challenge over the next year with Lipp working in both Crook and Weston Counties starting on July 1. She will be in each county two and a half days a week, and reasoned that facilitating both task forces could prove difficult, in part because of the different needs of both communities.

She explained that Weston County and the three communities within the county have a different focus than Crook County and its four communities.

"Crook County has a lot more community events, and alcohol prevention is their biggest focus. We don't have that problem here, and we don't see the same things. For us, we will revisit our strategic plan. I foresee prescription drug and opiate use as a focus for us," proclaimed Lipp.

PHOTOGRAPHER'S GALLERY SHOWCASE

Come check out our local photography talent

Saturday, June 24

Weston County Events Center
10 a.m. to 5 p.m. Open House
Drinks and Snacks served all day

*Robin Riesland of Forever Kountry Photography
Emily Hartinger of Skull Creek Studio
Sierra LaCroix of Sierra Marie Photography
Hallie Bell of Sol Shine Photography
Robyn Stanton of Legacy Studio
Kendra Paulton of Cedar Canyon Photography
Brenda Busskohl of Brenda Busskohl Photography
Krissy Borchert of K Borchert Photography*

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Lounge Open Everyday: 11 a.m. - Close*

SO LONG TO SUMMER SPRINT TRIATHLON

August 26, 2017

Start Time 7:00 a.m. Glenrock Middle School
645 South 3rd Street Glenrock, Wyoming

SWIM: 750 Meters (15 laps in GMS Pool)
BIKE: 10 miles (town to Highway 26)
RUN: 3-1 (town to bike path)

RACE DAY HIGHLIGHTS: Vendor Expo - Massage for Athletes - Professionally timed race by Racing Underground - Music - Finisher Announcer - Medals for 1st, 2nd and 3rd place individuals - Medals for 1st place female, male or coed relay teams

Email Michele at mchealthandwellness@gmail.com
Race Updates and more information can be found on our Facebook page!
Find us at **So Long To Summer Triathlon!**

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10% Off Your Project

After 38+ years of dedicated service to the Weston County Children's Center

Jane Rhoades

has announced her retirement.

Please join us for light hors d'oeuvres in her honor

Friday, June 30th, 2017 at 6:30 p.m.
Newcastle Country Club
2302 West Main, Newcastle, WY

RSVP to WCCC, 307-746-4560
No gifts, please.

Memorial Run



On Friday, June 16 the Weston County Children's Center hosted their second Eva Marie Bock 5K Glow Walk/Run. The funds raised by the event go towards the Eva Marie Bock Memorial Scholarship for preschool students. WCCC Counselor Tina Chick shared that a total of \$4,200 was raised which is enough money to fund roughly 10 kids going to preschool for an entire year. A total of 108 runners took to the streets of Newcastle while a number of people bustled around enjoying the music and food. Chick told the News Letter Journal that the feelings of the group working the event is that the number of runners was about the same but the activity on Main Street was up from what they saw last year. Top to bottom: Nate Smith and the Caddywhompus band played for the gathering crowd prior to the start of the Eva Marie Bock 5K Glow Walk/Run. The band is made up of Nate Smith, Taylor Hespe, Caitlin Hespe and Randy Ostrander; Judy Martens spins Kentri Liggett across the dance floor while Nate Smith and the Caddywhompus Band play tunes for those enjoying the cool rainy evening. (Alexis Barker/NLJ)

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Co-ed softball is back for more



Abby Gray for NLJ

The crisp clink of aluminum bats against a new softball, the freshly cut grass, a few scrapes from sliding and the occasional face plant after diving for that "Sports Center Top 10" catch are right around the corner for adults who want to relive their glory days on the diamond.

Co-ed softball, after making its first appearance last year in Newcastle after more than a decade, has softball enthusiasts in the area on their toes and ready to go after Pat Smith, with the help of Community Recreation Jessica Bettorf, brought the classic summer night pastime back to Newcastle a year ago.

"We used to do (co-ed softball) like 15 or 20 years ago, and everybody kept wanting to get something going for the adults to do, so we thought softball would be good for us all," Smith stated.

Last year, the program had six teams and that accounted

for over 100 people down on the baseball fields each Tuesday evening. Both Smith and Bettorf considered these to be good numbers, but they are both looking to top them this year.

"We're going to try to do that, if not do better, this year. We'll see what the turnout is," Smith declared, indicating that their intention is turn it into an even bigger and more involved program in the future.

"I think people loved it! I expect it to grow this year," Bettorf added. "We're hoping to have enough teams to play games on Tuesdays and Thursdays this year. If there is enough interest, we're hoping to have an end-of-season barbecue or tournament."

With the newly improved baseball fields—and lights illuminating the Babe Ruth field—the possibilities for the co-ed league are endless. The program begins in early July, so games will be held as it begins to get darker earlier, and later games have been made

possible due to the efforts of the baseball programs.

"They have done a lot of improvements down there, and it is a way forward for more programs to happen," Smith nodded.

Bettorf noted that this program was just the beginning of activities that have been put together for adults. Along with open gyms and hikes which she has established, she hinted she has another project in the works for the community's grown-ups.

"I haven't put together any other sports, not yet. Details will be announced soon," Bettorf smiled.

Though only in its second year, Smith, an experienced softball player, believes the program has a high ceiling. He hopes it will catch on quickly, and something major can be brought to not only Newcastle, but surrounding areas as well.

"If it takes off, maybe we will do some out of town games. We traveled with Rory Burleson and his family up to Montana and played in a four-state tournament up there, so that's kind of the driving force for all of us to get something closer," Smith stated.

Registration packets for co-ed softball can be picked up and dropped off at Bettorf's office in the Kozisek Aquatic Center, or by calling her at (307) 746-6924 or emailing bettorfj@wcdsl.org. Registration is \$50 per team, along with \$10 per person on each team. Registration packets are due on Monday, July 10, with games to follow the next week.

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THE LODGE AT DEADWOOD

Scams from page 1.....

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- 1:** Disconnect immediately: Unplug the network cable, phone, or modem from your machine. By doing so, you can prevent data from being sent back to the attacker. Disconnecting your network connection is the most effective way of stopping immediate damage.
- 2:** Scan your computer with an updated antivirus program: A program with antivirus and anti-spyware effectively detects and removes malware threats that would otherwise remain hidden on your machine. If the threat can be detected but not removed, consult Antivirus's removal tool listing in order to see if the malware can be removed using a separately downloaded utility.
- 3:** Back up your critical information: Sensitive data may be leaked by malware and it also may be inadvertently ruined or lost during the clean-up effort. If you have a back-up software installed, make a copy of your valuable files such as your photos, videos and other personal or work files to a back-up hard drive such as a CD, USB drive or DVD.
- 4:** If all else fails, you can re-install the operating system of your computer using the discs that you received when you purchased your computer.

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choice, and suggest extended warranties or free trial offers. Scammers are also pretending to be the IRS threatening to arrest people. Robo calls, or calls with a recorded message, are another new way that scammers are contacting people, and often the calls are from a local number.

Weston County resident Ardys Parrish recently received several calls beginning with (307) 941— the Wyoming area code and a local prefix. One of the callers said that Parrish had recently stayed at a resort that she had never heard of, so Parrish recognized the scam and hung up. At other times, Parrish missed the call, and when she tried to call the number back shortly after, the dispatcher said that the number had been disconnected.

Parrish shared that she is now very cautious when she answers the phone, and often looks up numbers that give her a suspicious feeling. Parrish handled the situation well, according to Page, who offered a similar protocol to community members attending the workshop.

Page's overall advice to the community is to always stop and think, and to not be afraid to ask questions. If you receive a suspicious call from a local or familiar number, hang up and call the person back directly. She also suggested that people choose to donate locally to

people and organizations they know and trust. Owens then added to the conversation in stating that no law enforcement agency will call and ask for money.

The Chief of Police's presentation, however, largely focused on how to protect accounts and scammers utilizing technology.

"The only way you can protect yourself is to monitor your bank account and your bank for any unusual behavior with credit and debit cards," said Owens, who also emphasized that under no circumstances should people give out bank account or card information to someone that calls on the phone.

While banks are usually good about freezing accounts if they suspect theft, it is important to verify that all calls from the bank are legitimate before providing account information. Owens also cautioned against fake money orders that scammers are sending in the mail, and advised people to not accept any unexpected checks in the mail.

Both Page and Owens stressed the importance of protecting tablets, smartphones, and computers with passcodes that vary across accounts and devices. Passcodes should be changed frequently, and records of the passwords should be hidden. When using devices, people should avoid clicking

on anything they are unsure of, and delete when suspicion arises. Owens further instructed individuals to disconnect Internet connections when not using devices to avoid hacking.

The workshop continuously emphasized that community members should never be afraid to call FOCUS, In-Home Services, or law enforcement regarding scams. Local law enforcement can file reports, though they also suggest calling the Attorney General's consumer fraud numbers, as they have more jurisdiction and authority to track scammers internationally.

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Upton's Deanna Beck (top) and Cheri Claycomb (bottom) were eager to take on the Fountain Inn's pond and outdoor recreation area as the first big project for their new landscaping business, and Newcastle's east entrance is already looking more appealing because of their efforts. The Fountain's owners have been committed to supporting the local economy by utilizing local companies and workers for the majority of the improvements that have been made on the property in recent years, and they shared the hope with the News Letter Journal that an increased commitment to supporting local businesses by all residents will help the local economy recover more quickly from an ongoing downturn in the energy industry. (Scottlyn Wiggins/NLJ)

Pay Day Ponies



Buyers from all over the country including Florida, California, Tennessee, Alabama, Arizona and Oklahoma gathered in Newcastle at the 8th Annual Full House Horse Sale that took place at the Weston County Fairgrounds last weekend. The sale was started in 2010 by Jill Pischke and Craig Deveraux, and since then Frank Thompson has joined the group. A total of 54 horses were auctioned off this year in front of over 250 people that gathered at the fairgrounds. The star of the show, or the high selling horse, was Tipsters Lil Sugar "Sharky," who was owned by the Deveraux family. The horse was purchased for \$36,000 by Danny and Lucy Meyring of Walden, Colorado. The top 10 highest selling horses averaged \$22,350 apiece, while the overall sale average was \$13,289 per horse. Top to bottom: Abby Deveraux shows off "Sharky", the highest selling horse at the sale; Jake Deveraux, on one of the many horses from the Full House Horse Sale, takes off after a calf to show what the horse really has to offer potential buyers; part of the Full House Horse Sale is showing what the horses have to offer and prior to the auction potential buyers gather to watch the show. Zane Marty, Anna Baeza and Alvaro Baeza all had the opportunity to ride sale horses during the preview event. (Top photo submitted, other photos by Alexis Barker/NLJ)

Welcome!

Fountain Inn improvements make Newcastle's east entrance more inviting

Bri Brasher for NLJ

Over the past two years, the Patel family has worked tirelessly to update the aesthetics of the Fountain Inn with projects all around the property. Falgun and Jimini Patel's son, Darshan Patel, is the Director of Operations for the Fountain Inn, and he told the News Letter Journal that he feels it is important to continuously upgrade the hotel's facilities to keep customers coming back.

"We're a family business, and we like to look at the people we work with as family and as guests in our home in some way or another," explained Patel. "Our outlook on the business carries over from Indian tradition that is very focused on family and translates well to the hospitality industry."

The Patels made a conscious effort to outsource their construction and landscaping locally in an effort to foster and maintain positive community relationships. Over 90 percent of the work on the Fountain Inn was contracted locally. Aside from business, the Patels believe in strong personal relationships.

"We build hotels in different states, and at the end of the day, it's nice to know the people you're working with," shared Patel.

About two years ago, the Patels remodeled the dining area of the Fountain Inn, and with the help of CLT Flooring & Furnishings, they just recently added new carpet to the area— along with the restaurant, bar, and lobby. Last summer, upgrades included the railings to the outside of the building and new stairs, along with a 30' by 24' patio extension on the bar. All three of the residential apartments have been remodeled. W&S Construction helped with the patio, residential, and restaurant upgrades.

Other upgrades were done with the help of Farnsworth Services and B&M Dozer Service to make the pond more aesthetically appealing last winter break. The companies re-dug and re-shaped the structure and lined it with bentonite. Just last week, Cheri Claycomb and Deanna Beck, two ladies from Upton that are just starting a landscaping business, landed their first big project at the Fountain Inn helping to select and plant everything for the island landscaping. The inn was also recently re-wired.

The Fountain Inn has been a staple of the Newcastle community for decades, and the Patel family is looking forward to celebrating their time in the community with an open house in September to unveil all they have improved in recent months.



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News Letter Journal Outdoors

Schedule

Little League Baseball		
6/22	Moorcroft & Pine Haven v Frontier & Howdy	5:30 pm / 6:30 pm
6/26	Upton v Woody's	6 pm
6/27	NLJ v Frontier	6 pm
6/28	Sundance v Deckers	6 pm
6/30	Woody's v Howdy	6 pm
	Upton v FSB	7 pm

Scores

Newcastle Little League		
June 13	Deckers 11	Hill City 9
June 14	Leighton Const 8	Sturgis (#3) 14
June 15	Leighton's Const 4	Sundance 11
	Wright 3	Wyo Refining 2
June 16	Farnsworth 10	Moorcroft 15
Melfords Memorial Majors Tournament		
June 16	Buffalo 6	1st State Bank 0
	Deckers 18	Upton 8
	Belle Fourche (#1) 23	Wright 2
	Belle Fourche (#2) 14	Douglas 11
June 17	Buffalo 13	Wright 5
	Upton 16	Douglas 5
	1st State Bank 15	Wright 8
	Belle Fourche (#2) 19	Upton 11
	Belle Fourche (#1) 22	1st State Bank 2
	Deckers 15	Belle Fourche (#2) 7
	Belle Fourche (#1) 12	Buffalo 9
3rd Place Game		
	Belle Fourche (#2) 4	Buffalo 3
Championship Game		
	Belle Fourche (#1) 8	Deckers 7

The Sound of Sports



Sonja Karp
Karpe Dogie

Helmets and shoulder pads connecting, the squeak of shoes on the court, the crack of the ball meeting the bat, the drone of the crowd... Sports fans love the sounds of the game as much as the game itself.

Another sound that the crowd loves during the game is music. Music has been used during sporting events for centuries, but it seems to be more prevalent than ever now. Between great sound systems and a seemingly infinite availability of digital music, almost any song is accessible today with the touch of a screen.

Some songs have become a tradition through the years, and are expected at certain situations in a contest. For example, "Take Me Out to the Ballgame" is commonly played at the ballpark, "Na Na Hey Hey Kiss Him Goodbye" by Steam can often be heard when it becomes apparent the home team is going to defeat their opponent, and Queen's "We Will Rock You" and "We are the Champions" have also been popular songs to play.

In our own Dogie Dome, "Sweet Caroline" by Neal Diamond has become a standard, and is certainly a crowd pleaser.

Music helps promote crowd involvement and can also enhance certain moments in a contest. "Runaway" by John Bon Jovi or "Don't Stop Believing" by Journey never fail to get the

— See Karp, Page 18



On the ball... Or was it a strike?

Tourney championship sparks umpire reunion

Jenna Piper
For the NLJ

For some, it is the smell of freshly cut grass, and for others it is the sounds of cleats hitting the dugout floor or a baseball colliding with a bat that will bring a person back to one of America's greatest pastimes—baseball.

On a warm but cloudy Sunday this June, the boys of summer gathered at Newcastle's ballfields for a Little League tournament, and as the boys warmed up their pitching arms and marked their clean jerseys with dirt and grass stains, four umpires arose from the past and crossed the chain-link fence onto the field that would bring some historic memories back to life.

"One night my brother and I were sitting there and I said something about how I would love to have them umpire, and it was a joke. Then a couple of days later we were down here watching a Little League game and Glen Reed came up, and said how he wished they could get the gang together again. That's when it fireballed," said tournament organizer Joey Mefford.

Mefford is no stranger to the ball fields and neither were the four umpires that umpired last week's Little League tournament. Rob Akers, Glen Reed, Doug Sankey, and Bob Williams have been part of Newcastle's baseball program for ages, and have had many years' experience both behind home plate and inside the dugout coaching. What some might not have realized during the championship game was that some of

those umpires had not called a game for nearly two decades.

"Well, Hitler was a corporal," joked Williams when reflecting on how many years it had been since he had stepped on a field of dreams.

Each of the umpires has had a history with baseball, from Akers playing all the way through college to Williams' recollection of playing till he "was just too old." However, their participation in the sport did not end because of a diploma or bad knees. They continued to be involved by taking up umpiring and coaching as their own children took a shot at hitting fly-balls out of the park, and late nights at the ballfields became a part of their adult routine every summer.

"We always had the Sunday night championship game that went 'till midnight in the rain," said Akers.

"Well yeah, it would never start till 9:30," added Sankey.

"We've had a lot of good times over the years together," smiled Akers.

Besides the fact that they have been doing this since the Stone Age, there is one thing that is evident—the fact that this group of umpires works better when they are all together.

"If these guys wouldn't have come back, I wouldn't have," stated Akers.

"Me either, we've umpired together a lot," agreed Sankey, chuckling over a bit of misfortune that befell one of them during the game they had just called. "See, I was real concerned when Robby got hit by that ball there. So I rushed right in afterwards."

"Yeah, and it took you two innings to get there," smirked Akers.

— See Reunion, Page 18



Clockwise from Top: Robb Akers had to be on his game right away, as he was forced to make a "bang-bang" call at the plate on Holden McConkey's slide; Glenn Reed kept a wary eye on all of the action from his spot down the third base line; Doug Sankey takes it all in stride at first base, where he was forced to make a number of tough calls in the championship tilt; Bob Williams rings up a base runner at second on an attempted double play. (Bob Bonnar/NLJ)

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Young cowboys qualify for Nationals

Newcastle High School Rodeo Club sends five to Finals in Gillette

By Bri Brasher
For the NLJ

“

I don't have any nerves anymore. This year I'll go there, do my job, and do it right.”

— Thomas Davis

The desire, drive, and focus of five of Weston County's own is paying off this summer, as a handful of local cowboys have staked their claim to being among the state's best.

Upton High School senior and bareback bronc rider, Thomas Davis, finished the year in first place in Wyoming, sending him to the High School National Finals along with Newcastle High School junior, Teigen Marchant, who won first in tie down roping and fourth in steer wrestling. The top four finishers in each event qualify for the National High School Rodeo held in Gillette later this summer.

Freshman brothers Cooper and Jake Deveraux of Newcastle are slotted as alternates for Nationals, as

they rank fifth in team roping. Jake is also recognized as the state's Rookie of the Year based on points over the course of his freshman season. Kacy Jones, an eighth grader at Newcastle Middle School, also qualified for the National Juniors High Finals Rodeo in bareback steer riding.

The National High School Finals Rodeo is the world's largest rodeo, with more than 1,750 contestants, over \$200,000 in prizes, and more than \$350,000 in college scholarships. The championship performance is televised as a part of the Cinch High School Rodeo Tour telecast series on RFD-TV.

The stage has been set, and the qualifiers are ready and excited to compete.

“Last year was kind of my warmup year for the Little Britches National Finals and the High School National Finals,” Davis reflected. While he rodeos for the fun of the sport, Davis's competitive drive is evident.

“I don't have any nerves anymore. This year I'll go there, do my job, and do it right,” said Davis, who has high hopes for his return to the High School National Finals.

Without the luxury of an arena at home, Davis tries to go to as many clinics and schools as he can. He attri-

butes most of his success to his experience in Little Britches Rodeo, noting that really helped him practice and acclimate to the atmosphere of rodeo and the skill level of the horses.

Emily Hartinger reinforced the work ethic of Davis and his peers. Hartinger has supervised the local rodeo club for the past five years out of her pure love for rodeo—and the kids that share her interest.

“These kids become my family,” Hartinger shared with a smile. “I just beam with pride when they send their results from traveling around. It's always really fun to go watch them and cheer them on, especially on the National stage.”

Hartinger is impressed with the kids' hard work and dedication to their sport and individual events. She said the qualifiers are riding and practicing day in and day out. They stay focused and really push themselves.

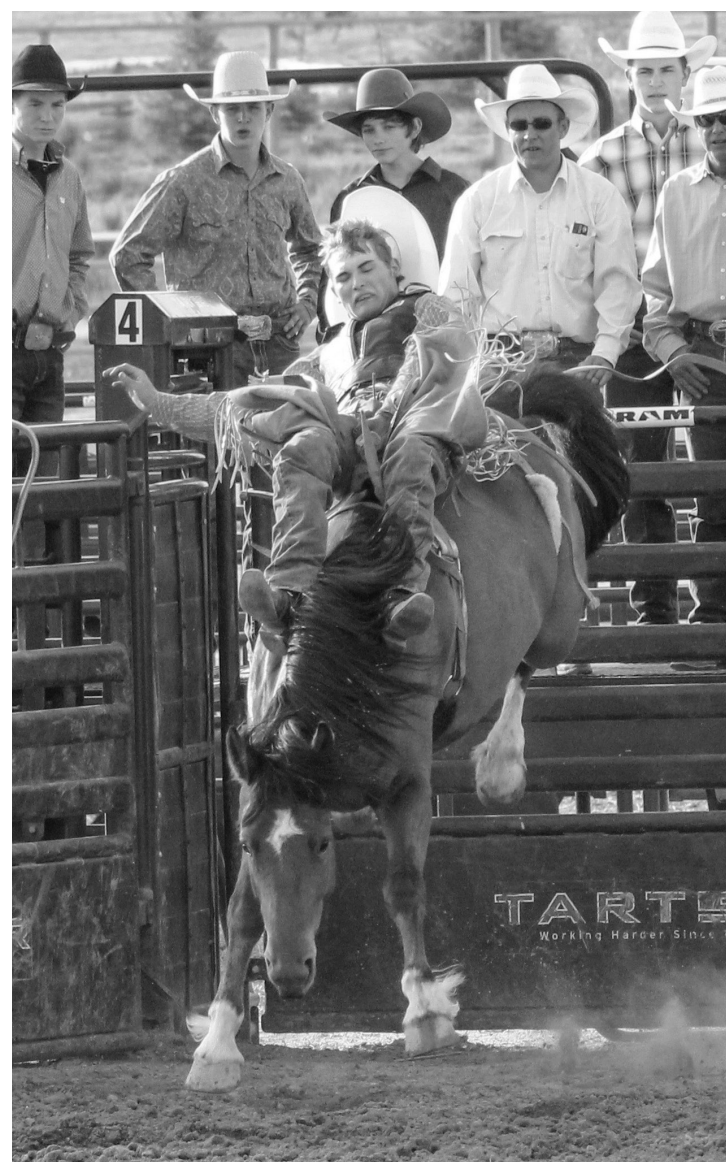
Hartinger described senior Kaprina Jones, who will compete in college in Texas next season, as one of the most driven people she's ever met in her life. Davis too will continue his rodeo career in college for Central Wyoming College and on the PRCA circuit.

Not only does rodeo instill

a will to win in the kids, but the sport also fosters many other shining attributes. Rodeo teaches the kids responsibility for themselves and their animals, but most importantly the kids become great people, according to Hartinger. Rodeo creates an environment for the kids to develop in and out of the arena. Both Davis and Marchant have been recognized by judges and their peers with awards for their willingness to help and their ever positive attitudes.

“Rodeo is cutthroat and competitive, yet you develop great lifelong friendships across the state,” Hartinger explained.

As the end of the season approaches, the club is already looking forward to next year. Hartinger says she expects big things out of Marchant, as he is very dedicated and always competing in some aspect of rodeo. Marchant says that he is practicing as much as he can over the summer and traveling to as many events as possible. He is excited for next year, and intends to continue working toward a college career in rodeo. Hartinger also shared that she thinks the competitive bug really bit incoming senior Emalee Sweet. She is proud of how far Sweet has come, and expects her to do very well next year.



Senior bareback bronc rider Thomas Davis performs at State Rodeo Finals. Davis finished the year in first place, sending him to Nationals. (Photo courtesy of Lonnie Farella)

Improving performance & avoiding injury

Elite athletes in training

Sonja Karp
NLJ Sports Reporter

School sports' seasons won't begin for another couple of months, but Newcastle athletes are hard at work preparing for that eventuality. For the

second year running, Athletic Trainer Nicole Ackermann of the Regional Health Network, with the help of local coaches, is offering the Summer REP Program to any student preparing for sixth through 12th grade to help improve speed, agility and strength for the upcoming year.

The REP (Regional Elite Performance) program is designed by Kellan Anderson of Black Hills State University, a Regional Health

employee, for all of the high schools in the area. Ackermann took the program and changed it up a bit to make it more specialized for the needs of Newcastle Athletes.

“The kids are seeming to like it better this year than last,” Ackermann began. “We listened to feedback from kids and coaches and started using a station format this summer which the kids appear to be responding to a lot better.”

All participants were pre-tested prior to the start of the six-week program in June and will be post-tested upon completion in July. By doing so, athletes will be able to see proof of growth over time, and for Ackermann this information provides data regarding how the program is working.

Every Monday, Tuesday and Thursday the workouts begin with half an hour of speed and agility work outside, which is followed by an hour of

strength and conditioning work inside the weight room. Though the format is the same, the workouts change from day-to-day.

Speed and agility workouts vary from forward directional, linear directional, multi directional, and a combination workout, while the strength training focuses on arms one day, legs the next and a combination of both on

— See **Athletes**, Page 18

INSURANCE *Claims Adjusters*

What Do Adjusters Do?

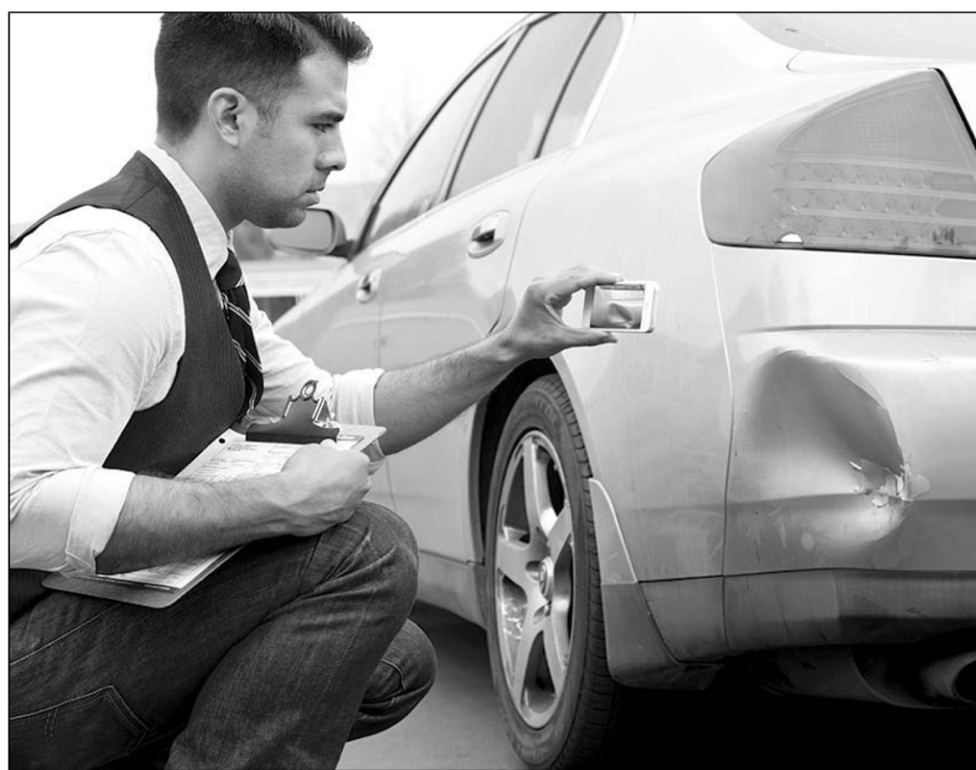
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Yes, there are three different types of adjusters but they all evaluate, negotiate and settle claims. They all must have a license from the Wyoming Department of Insurance (DOI).

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- ❖ Independent Adjusters are contracted by the insurance company. They are paid by the insurance company and represent the interest of the insurance company. Independent adjusters will not charge the insured a fee. Independent adjusters are used by insurance companies whose financial resources



After spring and summer storms in Wyoming, homeowners begin submitting insurance claims to repair the damage Mother Nature inflicted on their home and property. Vital players in the evaluation, negotiation, and result of insurance claims are adjusters.

Steps to Take When Choosing an Adjuster

- ❖ If you do not know, call your insurance company and ask if they have a company adjuster or an independent adjuster with whom they contract. The insurance company, not the consumer, is responsible for the cost of services of a company adjuster or an independent adjuster. Insurance companies vary on the process that consumers should follow to contact their adjusters.

- ❖ Sometimes after a weather event that causes significant damage to homes or

property, public adjusters offer their services by mail, phone, or in person. Consumers are advised if they are considering hiring a public adjuster, to ask questions regarding how the claim process will work, what services the public adjuster will provide, what their fee will be, and where their firm is located. Ask for references to learn about their knowledge and experience.

- ❖ Once you determine the type of adjuster you need, it is a good idea to ask for their license number. The license number allows you to call the Wyoming Department of Insurance and confirm that they have a license to work on claims in the state of Wyoming. Be sure to know if the adjuster is licensed before you discuss your claim.



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The CONTRACT DOCUMENTS may be examined at the following locations:

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Copies of the CONTRACT DOCUMENTS may be obtained at the office of

**The City Engineer, City of Newcastle
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Payment for each set is \$50.00 (non-refundable).

A pre-bid meeting will be held July 11, 2017 1:00 p.m. at City Hall.

(Publish June 22 and 29, 2017)

Court Report

**CIRCUIT COURT OF THE 6TH JUDICIAL
DISTRICT, WESTON COUNTY
JUDGE MATTHEW F.G. CASTANO**

Kristy A. Durfee, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$85.00

Austin B. Small, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$91.00

Suzanne Erickson, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$88.00

Nicholas P. Wieburg, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$80.00

Aron Lee Slycord, Interference with Peace Officer, Jail: 45 Days, Fees and Fines: \$490.00

Styllon T. Wright, DUI: Alcohol 0.08% or More, Fees and Fines: \$440.00

Styllon T. Wright, Under 21 - Have Measurable BAC in Body, Fees and Fines: \$140.00

Brandon W. Benson, Meet or Pass Stopped School Bus - 1st Offense, Fees and Fines: \$240.00

Clifford L. Pedulla, Seat Belt: Driver, Fees and Fines: \$25.00

David A. Garrison, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$85.00

Lyle E. Whitney, Speed too fast for conditions, Fees and Fines: \$70.00

John A. Wise, Child Safety Restraint System - 1st Offense, Fees and Fines: \$50.00

John A. Wise, Expired/Improper Registration, Fees and Fines: \$120.00

Jeremy J. Lamberson, Drive While License Suspended - 2nd + Offense, Jail: 180 Days, Suspended: 120 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$240.00

Bruce D. Workman, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$97.00

Julie Ann Benschhof, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$115.00

Kaylee N. Harley, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$123.00

Christian S. Santos, Seat Belt: Passenger Over 12 Years, Fees and Fines: \$10.00

David R. Stith, Breach of Peace, Jail: 10 Days, Suspended: 9 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$490.00

Nathan L. Schraeder, Breach of Peace, Jail: 7 Days, Suspended: 7 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$540.00

Ryan Lee Tolman, DUI: Alcohol - Incapable of Driving - 3rd Offense Within 10 Years, Jail: 180 Days, Suspended: 78 Days, Supervised Probation: 6 Months, Fees and Fines: \$490.00

Cody W. Hill, Fail to Provide Proof of Liability Insurance, Jail: 7 Days, Suspended: 5 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$340.00

Arturo J. Diaz, Drive While License Cancelled, Suspended, or Revoked if not Suspended for 31-5-229 or 31-5-233, Jail: 7 Days, Suspended: 7 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$290.00

Arturo J. Diaz, Seat Belt: Driver, Fees and Fines: \$25.00

Phillip D. Luca, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$76.00

Wesley Adam Rhoden, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$82.00

Ellen J. Wendt, No Passing Zone: Passing, Fees and Fines: \$115.00

Danny Ray Benschhof, Breach of Peace, Jail: 90 Days, Suspended: 89 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$490.00

Daniel Ray Kohn, Criminal Contempt, Fees and Fines: \$140.00

Dwayne J. Bridges, Compulsory Auto Insurance, 1st Offense, Fees and Fines: \$410.00

Shawn Paschall, Seat Belt: Driver, Fees and Fines: \$30.00

Derek W. Nelson, Seat Belt: Driver, Fees and Fines: \$25.00

Becky S. Martensen, Seat Belt: Driver, Fees and Fines: \$30.00

Darcy D. Remington, Drive Without Interlock Device 1st Offense, Jail: 60 Days, Suspended: 60 Days, Fees and Fines: \$140.00

Andrew J. Nelson, Careless Driving 1st Offense, Fees and Fines: \$220.00

Alicia Rachel Johnson, Fail to Provide Proof of Liability Insurance, Fees and Fines: \$290.00

Kristie L. Aylesworth, Drive While License Cancelled, Suspended, or Revoked if not

Suspended for 31-5-229 or 31-5-233, Jail: 30 Days, Suspended: 29 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$40.00

Caleb M. Adams, Fish Without License by Person 14 Years or Older, Fees and Fines: \$220.00

Nathan L. Schraeder, Valid Driver's License, Fees and Fines: \$120.00

Michael D. Hanson, Hvy/Veh (>39K LBS) Exceed 70 MPH On Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$385.00

Carl J. Lenardson, Exceed 30 MPH in Urban District, Fees and Fines: \$104.00

Paul C. Grummons, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$94.00

Kaullen A. Sundstrom, Under 21 - Have Measurable BAC in Body, Jail: 2 Days, Suspended: 2 Days, Unsupervised Probation: 6 Months, Fees and Fines: \$240.00

Kaullen A. Sundstrom, Vehicle Superintendent's Speed Zone, Fees and Fines: \$240.00

Austin L. Lunstra, Expired/Improper Registration, Fees and Fines: \$110.00

Elizabeth M. Heberling, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$91.00

Neal Alan Engesser, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$118.00

Aaron J. Strandlien, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$102.00

Terra Kathleen Kennah, Seat Belt: Driver, Fees and Fines: \$25.00

James L. Campbell, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$81.00

Sonya A. Rainbolt, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$82.00

Della J. Fordyce, Turning Requires Signal & Safety, Fees and Fines: \$65.00

Brandi L. Wolfe, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$130.00

David A. Garrison, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$85.00

Andrew S. Wright, Seat Belt: Driver, Fees and Fines: \$25.00

Andrew S. Wright, Expired/Improper Registration, Fees and Fines: \$120.00

Angela M. Gravos, Expired/Improper Registration, Fees and Fines: \$120.00

Christine A. Smith, Use Controlled Substance, Schedule I, II or III, Jail: 180 Days, Suspended: 178 Days, Supervised Probation: 6 Months, Fees and Fines: \$340.00

Angela Halifax, Vehicle Exceed 70 MPH on Primary/Secondary Highway (6+ MPH Over), Fees and Fines: \$94.00

Alexander N. Schuessler, Seat Belt: Passenger Over 12 Years, Fees and Fines: \$10.00

Darryk W. Shrader, Seat Belt: Driver, Fees and Fines: \$25.00

Alyssa R. Houser, Seat Belt: Passenger Over 12 Years: Fees and Fines: \$10.00

Melissa L. Houser, Seat Belt: Driver, Fees and Fines: \$25.00

Matthew John Simmons, Child Safety Restraint System - 1st Offense

Alivia M. Hamady, Seat Belt: Passenger Over 12 Years, Fees and Fines: \$10.00

Total Out of Area Fines Paid: \$29,367

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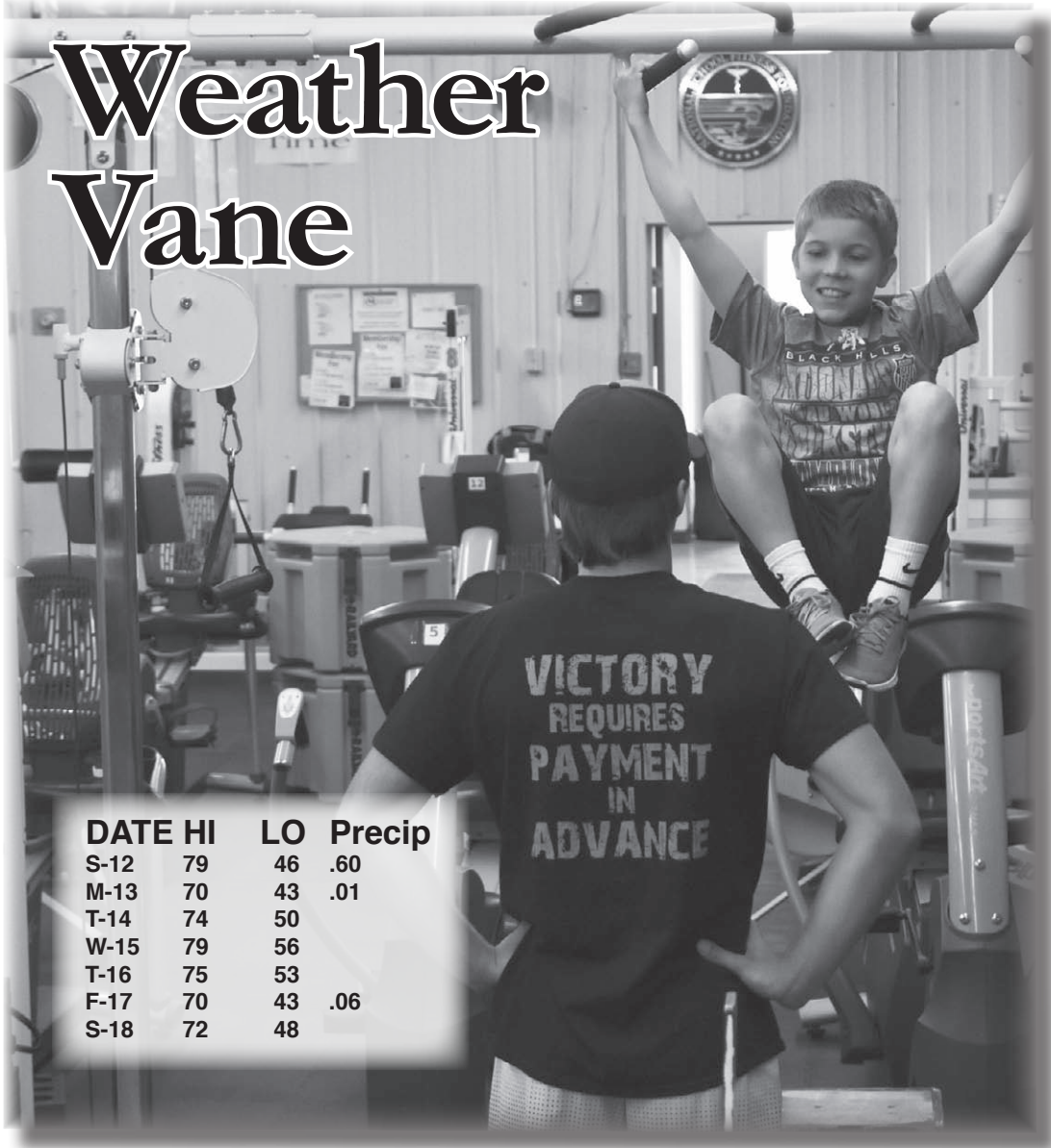
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Weather Vane

DATE	HI	LO	Precip
S-12	79	46	.60
M-13	70	43	.01
T-14	74	50	
W-15	79	56	
T-16	75	53	
F-17	70	43	.06
S-18	72	48	

Blotter

June 11, 2017

Missing dog reported. Motorist assist. Fight reported. Open door discovered. Traffic stop, Written Warning issued. Traffic stop, Written Warning issued. Medical assist. Assist other agency. Medical assist. Traffic stop, Written Warning issued. Traffic stop, Citation issued. Traffic stop, Citation issued. Report of dog at large, Impounded. Traffic stop, Written Warning issued. Traffic stop, Written Warning issued.

June 12

Commercial alarm reported. Minor accident reported. Motorist assist. Assist other agency. 911 hang up. VIN inspection requested. 911 hang up. Minor accident reported. Civil problem reported. Hazard reported.

June 13

Motorist assist. Traffic stop, Verbal warning issued. Traffic stop, No action taken. Report of a dog at large. Welfare check requested.

June 14

Assist other agency. Gas drive off reported. Traffic complaint. Ministerial assistance requested. Assist other agency. Assist other agency.

June 15

Traffic hazard reported. Traffic accident reported. Assist other agency. VIN inspection requested. Traffic stop, Written Warning issued. Traffic stop, No action taken. Traffic stop, Written Warning issued. Traffic stop, Written Warning issued. Harassment reported. Welfare check requested. Traffic complaint. Civil problem reported. Traffic stop, No action taken. Ministerial assistance requested. Suspicious activity reported. Bar checks completed. Traffic stop, Verbal Warning issued.

June 16

Ministerial assistance requested. Medical assist. Traffic stop, Written Warning issued. Traffic stop, Written Warning issued. Motorist assist. Motorist assist. Traffic stop, Written Warning issued. Extra patrol requested. Traffic stop, Written Warning issued. 911 hang up. Civil standby requested. Residential alarm reported.

June 17

Traffic stop, No action taken. Assist other agency. Traffic stop, Written Warning issued. Assist other agency. Assist other agency. Assist other agency. Medical assist. Medical assist. Traffic stop, Written Warning issued. 911 misdial.



Court Report

MUNICIPAL COURT FOR THE CITY OF NEWCASTLE JUDGE R. DOUGLAS DUMBRILL

Sonya A. Rainbolt, Superintendent's Speed Zone, Fees and Fines: \$90.00
 Bruce Rath, No PKG Unlicensed/Inoperable Vehicle - 1st Offense, Fees and Fines: \$35.00
 Bruce Rath, No PKG Unlicensed/Inoperable Vehicle - 1st Offense, Fees and Fines: \$45.00
 Sonja Rath, Specific Places Where Parking is Prohibited, Fees and Fines: \$45.00
 Johnnie L. Gardner, Dog at Large - 1st Offense, Fees and Fines: \$45.00
 Total Out of Area Fines Paid: \$5,458

Budget Notice

WESTON COUNTY HEALTH SERVICES OPERATING BUDGET FOR THE FISCAL YEAR 2018

The board of Trustees of Weston County Health Services, at its June 15, 2017 meeting, approved the following budget for Fiscal Year 2018.

Weston County Health Services Fiscal Year 2018 Operating Budget

Net Operating Revenue	\$16,212,875
Expenses:	
Salaries and Benefits	9,374,925
Supplies	2,577,110
Services	2,097,455
Utilities	326,030
Insurance	146,700
General & Admin.	724,230
Depreciation	1,040,000
Total Expenses	\$16,286,450
Operating Income (Loss)	\$(73,575)
Non-Operating Income	\$2,747,200
Total Net Income	\$2,673,625

(Publish June 22, 2017)

Gwamma © by JaNel M. Farnsworth



Fun and Games

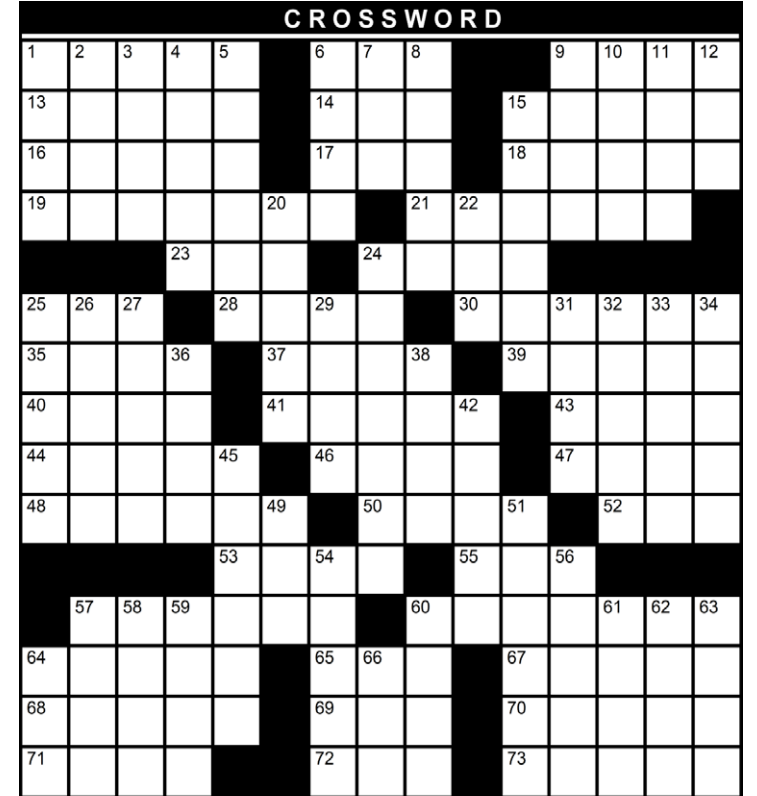
THE 4TH OF JULY

ACROSS

- Like Catherine or Peter, in Russia
- Norwegian band of "Take on Me" fame
- "I call first _____!"
- "Home on the _____"
- Charlie Parker's style of jazz
- Comedian Silverman
- Not upright
- Greek H
- Acrobat maker
- *Like the July 4th holiday
- *Pre-state state
- Thanksgiving tuber
- Hold as a conviction
- Idea mo.
- Expunge
- Catching like a cowboy
- _____ 'n' Andy
- Trash containers, e.g.
- Of war and sea?
- It wasn't built in a day
- Happily ever when?
- Car with a bar
- Loud noise
- Dublin land
- Lecherous look
- Lampoon
- Pouches
- Not sweet, as in wine
- Plant anchor
- Brown truck delivery company
- *Traditional July 4th meal
- *Fire _____
- Filthy dough
- Bird word
- Tee off
- Enclose in a recess
- Big coffee server
- Dine at home
- Shakespeare's metrical unit
- Hi- _____
- Type of wheat

- Flying toy
- Reagan's reference to Russian "empire"

- As opposed to own
- Hula girl's flower
- Metal-bearing rock



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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Last week's answers

C	L	A	M	P		C	G	I		S	C	A	D			
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2	3	7	6	1	4	8	5	9
1	9	3	7	6	5	4	8	2
7	6	2	8	4	3	1	9	5
5	4	8	1	9	2	6	3	7

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Card of Thanks

A sincere thank you to my children who hosted my 90th birthday open house. Other relatives and friends plus ladies of the church who attended the table, helped make my day special. The flowers and vases, cards, gifts, phone calls and personal visits were appreciated. I feel very blessed.
Rose Allen

I would like to sincerely thank the gentleman who paid for my milkshake at the Howdy last Wednesday night. It's the little acts of kindness that can really make a person's day. I'll be sure to pay it forward.
Jess Yarnes

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2 bdrm, 2 bath, mobile home with central air and washer/dryer, 2 car carport, 2 outside sheds, large deck. No pets, no smoking, \$700/mo. plus utilities and \$700 deposit. Call (307) 746-5918 for viewing.

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1 bdrm, for senior citizen. Carpeting and appliances included. Laundry facility in community building, handicapped/wheelchair accessible, roll in shower. Must meet eligibility requirements. 336 Round-up Ave., Newcastle, WY 82701. Call (307) 746-9749 for an application, leave message with your name and address.

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1 bdrm, \$500/mo plus deposit, utilities paid. Call (307) 746-5541. 24-3tp

House for Sale by Owner

110 Bonnie Brae, 3 bdrm, 1 bath, large garage. Call (307) 746-8260. 24-3tp

Big lot and older mobile home with carport. Partially furnished. Has garden spot and 3 storage sheds. \$50,000 call (307) 221-3739. 25-3tp

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02 P.T. Cruiser, 5 speed, 31 mpg. Good condition, fun versatile car. Call (307) 746-2386. 23-3tp

For Sale

1993 Sandpiper 5th Wheel 28', needs water heater, everything else works, \$2,000 OBO. Call (307) 941-2611. 24-3tp

For Sale

2008 Pontiac Grand Prix GXP, black exterior and interior, 5.3 V-8, fully loaded, new tires, new brake rotors and pads. Runs great, \$7,000, OBO. Call (307) 941-2611. 24-3tp

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FREMONT COUNTY SCHOOL DISTRICT NO. 25, RIVERTON, WYOMING. Positions open for 2017-18 school year: COMPUTER TEACHER and BLENDED LEARNING CENTER TEACHER at Middle School. (Must have the appropriate WY PTSB certi-

fications as defined in the job description). IF INTERESTED IN OBTAINING INFORMATION OR APPLYING, PLEASE CONTACT: Riverton Workforce Services, 422 E. Fremont, Riverton, WY 82501. 307-856-9231. Applications are received electronically at: http://www.applitrack.com/fremontcountysd/onlineapp/. Fremont County School District #25 is an Equal Opportunity Employer.

SEEKING: MECHANIC, PARTS SPECIALIST, DRILLERS, Assistants for Rotary/Core operations in the Western US. Clean MVR, 21, drug free, willingness to travel. Apply at www.ak-drilling.com

Wanted to buy

GUITAR WANTED! LOCAL MUSICIAN will pay up to \$12,500 for pre-1975 Gibson, Fender, Martin and Gretsch guitars. Fender amplifiers also. Call toll free! 1-800-995-1217.

Notice

IS YOUR NEIGHBOR'S PROPERTY ZONED FOR A PIG FARM? Find out for yourself! Review this and all kinds of important information in public notices printed

in all of Wyoming's newspapers! Government meetings, spending, bids. Visit www.wyopublicnotices.com or www.publicnoticeads.com/wy.

Professional Services

HAVE SOMETHING TO SELL? WANT TO ANNOUNCE YOUR SPECIAL EVENT? Reach over 366,000 Wyoming people with a single classified ad when it is placed in WYCAN (Wyoming Classified Ad Network). Only \$135 for 25 words. Contact this newspaper or the Wyoming Press Association (307.635.3905) for details.

Self-Help

HELPING HANDS FOUNDATION OF WESTON COUNTY. Applications are now available for help. Please contact Glenna at (307) 468-2316 or Carol at (307) 746-2298.

NA

OPEN DISCUSSION MEETINGS Wednesday & Saturday 7 p.m. - 8 p.m. Sunday Women only Life Recovery 7:15 p.m. - 8:15 p.m. Cambria Baptist Church basement.

FIELD TECHNICIAN/ACCOUNT MANAGER

Jacam Chemicals 2013, L.L.C. is seeking to fill the position of Field Technician/Account Manager in Gillette, WY. Experience in chemical oil field sales is preferred. Excellent customer service skills, ability to relate technical information in an understandable manner and an awareness of the current market's needs and opportunities. Jacam offers a competitive wage and benefits package, along with 401(k) participation. Please apply online at <http://www.jacam.com/careers/>. Jacam is an EOE.



CHURCH SECRETARY

Christ the King Lutheran Church is seeking a part time secretary. 15-20 hours a week and payment would be negotiable. Responsibilities include answering the phone, checking voice mail and email, create weekly bulletin and monthly newsletter, pay bills, process payroll, attend weekly staff meeting, prepare & attend monthly council meetings, and other office duties. Applications are available at the church office, 224 West Rd. Call with questions (307) 746-2415.

NEWCASTLE APARTMENTS

has 1, 2, and 3 bedroom apartments for rent. HUD subsidized. Section 8. Rental based on income. 2115 Delaware • Newcastle, WY (307) 746-9330 TDD 1-800-877-9975 This institution is an equal opportunity provider.

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14 W. Main • Newcastle

BUILDING INSPECTOR

The City of Newcastle is seeking a Building Inspector. Under the direction of the City Engineer the position reviews residential and commercial building plans, checks compliance with zoning ordinances, prepares building, plumbing, HVAC permits, and inspects and enforces adopted building codes during construction. Minimum qualifications are a high school diploma, valid driver's license, good computer skills and good communication skills. The ideal candidate will possess certification as a building inspector from the ICC, and have experience as a building inspector or supervising building construction. Candidates without current ICC building inspector certification will be required to obtain such certification within 12 months from hire date as a condition of employment. Pay DOE with excellent benefits. Applications can be obtained from the City of Newcastle, 10 West Warwick, Newcastle, Wyoming 82701 or at <http://www.newcastlewyoming.org/>. The City of Newcastle is an equal opportunity employer.

TOWN OF LUSK OPEN POSITION

The Town of Lusk is seeking applications for the Lusk Police Department. A successful applicant will meet the following conditions:

- 3-5 years active law enforcement • Post Certified
- High character and integrity • Able to follow direction

This position includes excellent benefits. The starting salary depends on experience and certification.

Applications can be picked up and returned to the Lusk Town Hall at 201 East Third Street, PO Box 390, Lusk, Wyoming, 82225. Questions can also be answered at the same location or via phone at 307-334-3612. Position will be open until filled.

The Town of Lusk is an equal opportunity employer.

write this down...

We can order anything. All you have to do is ask.



Wyoming Refining Company Career Opportunity

Lab Technician

Located in Newcastle, WY, a rewarding and challenging career awaits you! Wyoming Refining Company, is seeking a team oriented Lab Technician. This position is responsible for performing a variety of tests which are predominantly physical in nature in connection with quality control of crude oils, process streams, and finished products. This position demonstrates a broad knowledge of established quality control and operating procedures as well as good laboratory techniques and follows specific safety and operational policies and procedures from written or verbal instructions.

- Key accountabilities of the position include but are not limited to:
- ✓ Performs tests in connection with quality control of crude oil, process streams, finished and unfinished products. Maintains repairs and calibrates laboratory equipment as necessary.
 - ✓ Follows standard test procedures to determine physical chemical properties and ensures products meet quality control standards.
 - ✓ Determines characteristics such as API gravity, flash points, freeze points, vapor pressure and distillation using laboratory equipment.
 - ✓ Communicates off-spec results to the appropriate unit.
 - ✓ Prepares solvents, solution and glassware needed for testing.
 - ✓ Responsible for the inspection, maintenance and calibration of testing equipment to ensure optimum operating condition.
 - ✓ Maintains accurate records of test results and reports test results promptly to the department concerned.

The successful candidate will have the following qualifications and experiences:

- Bachelor's Degree in a science or technical field.
- 2+ years related experience or equivalent combination of education and experience.
- Must have thorough knowledge of professional and technical field, such as chemistry, in order to analyze, interpret and supply information.
- Must possess good computer skills, including previous use of computer software, such as MS Word and Excel.
- Strong mathematical skills required.
- Climb and sample tanks in all weather conditions as needed.
- Must be able to lift at least 25 pounds with reasonable accommodation if necessary.

To apply, please email your resume to recruiting@parpacific.com Please note in the subject line, Laboratory Technician All applications must be received no later than June 23, 2017. No phone calls please. EO/AA Employer/Veterans/Disabled.

Wyoming Refining Company Career Opportunity

Maintenance Truck Driver

Located in Newcastle, WY, a rewarding and challenging career awaits you! Wyoming Refining Company, is seeking a team oriented Truck Driver. This position will interact with cross functional groups and be responsible for hauling residual crude tank bottoms, butane and jet fuel to our railroad yard for loading.

- Key accountabilities of the position include but are not limited to:
- ✓ Perform routine inspections of all loading and unloading equipment to ensure that it is available in good working condition.
 - ✓ Daily hauling of crude tank bottoms, jet fuel and butane to our rail loading site for shipping.
 - ✓ Adheres to all safety and environmental rules and regulations for loading docks, rail siting, rail siting traffic laws and DOT regulations.
 - ✓ Perform daily loading/unloading reports for management review.
 - ✓ Must have ability to display general mechanical knowledge and skills.
 - ✓ Analyze day to day events that may present hazards to either fellow employees or to company property.

The successful candidate will have the following qualifications and experiences:

- H.S. Diploma or equivalent required.
- Must have clear driving record and driver's license for the last five (5) years.
- Must have CDL with Hazmat endorsement-petroleum experience preferred but not mandatory.
- Must have minimum of 2 years as a CDL carrier.
- Strong communication/math and handwriting skills.
- Must be willing to work various weekends, holidays or evenings.
- Ability to work well independently and in a team environment.
- Must be willing to work outdoors subject to different weather conditions.

To apply, please email your resume to recruiting@parpacific.com Please note in the subject line, Maintenance Truck Driver. All applications must be received no later than June 23, 2017. No phone calls please. EO/AA Employer/Veterans/Disabled.

Wyoming Refining Company Career Opportunity

Maintenance

Located in Newcastle, WY, a rewarding and challenging career awaits you! Wyoming Refining Company, is seeking a team oriented Maintenance employee. This position will require the performance of general Maintenance duties within the refinery as well as surrounding areas following plant policies and procedures from both written and oral instructions.

- Key accountabilities of the position include but are not limited to:
- ✓ Perform routine maintenance in work areas, vehicles and/or equipment on a regular basis.
 - ✓ Duties will include but not limited to cleaning plant areas, fixing leaking or broken pipes, repairing or replacing exchangers, installing or repairing steam and condensate tubing and insulation projects.
 - ✓ Analyze and report day to day events that may present hazards to either fellow employees or to company property.

The successful candidate will have the following qualifications and experiences:

- H.S. Diploma or equivalent required.
- Must have a valid driver's license with a clear driving record for the last five (5) years
- Must have ability to display general mechanical knowledge and skills.
- Strong communication/math and handwriting skills.
- Previous operation of fork lift or man lift strongly preferred-training is provided.
- Previous mechanical and pipe fitting skills required.
- Ability to work well independently and in a team environment.
- Must be willing to work outdoors subject to different weather conditions and on various weekends, holidays or evenings.

To apply, please email your resume to recruiting@parpacific.com Please note in the subject line, Maintenance. All applications must be received no later than June 23, 2017. No phone calls please. EO/AA Employer/Veterans/Disabled.



Starting July 1, 2017

Walk-in Patients Welcome

at the Newcastle Regional Medical Clinic
Monday through Friday from 8 a.m. - 5 p.m.

Newcastle Regional Medical Clinic
1121 Washington Boulevard, Newcastle, WY 82701
307-746-6720

160612_0617

regionalhealth.org



Athletes

from page 12

the third day of each week. “The training is not sport specific,” Ackermann began. “The goal is to strengthen our athletes during the summer and to try to get kids strong so we can hopefully avoid injuries during the season.”

One such injury Ackermann is hoping to diminish is the occurrence of torn anterior cruciate ligaments (ACL) which is a common affliction suffered by female athletes in recent years.

“We work to try to strengthen their quadriceps in order to slow down the knee,” she explained. “What we tend to see with girls is that their quads aren’t strong enough to slow down the knee when they are stopping quickly. If it’s not strong enough, the tibia moves too far forward, which snaps the ACL.”

In order to strengthen the quad, both male and female athletes perform squats and resistance jumping rotations during the hour of strength training. Ackermann specifically oversees the jumping exercises, as those activities are the most likely to result in technique mistakes.

“When the kids are doing squats, it’s easy to be conscious of the position of their knees in relation to their feet, but it’s not the same situation when they are jumping,” she began. “I watch to make sure they are landing correctly without pronating, but with their knees over their feet. For some of the younger girls who just aren’t strong enough yet, we have them wear a mini-band around their knees that draw the knees in so they have to actively work to keep them out. It uses biofeedback to remind them to keep their knees wide.”

With up to 56 athletes taking advantage of the program, Ackermann was quick to note that she would not be able to run the program successfully without the assistance of local helpers and coaches. Shenae LaCroix and Beau Gregory in particular are of great help to her.

“Shenae and Beau helped me last year, and they have been invaluable to me,” she nodded. “Beau, with his knowledge of strength and conditioning, really takes care of a lot of the strength

work. Shenae knows all these kids, but she has been out long enough not to be buddies with them, and she is just awesome with them.”

Colton Willard is another of Ackermann’s instructors, and the head coaches also can be found volunteering their time to help with the workouts and to provide encouragement for their athletes.

“I really want to thank my instructors,” Ackermann stressed. “All of their help is invaluable and to have this buy-in from the coaches really goes a long way toward making the program a success.”

When looking at the success of the REP program, the proof is, as they say, in the pudding.

“We’ve really seen huge gains since starting this program,” Ackermann began. “The biggest gain last year was in their vertical leap, with all showing improvement, and this year we are focusing on seeing more gain in the weight room. We saw gains last year, but this year we have changed things up, so that we should see more growth in strength.”

Reunion

from page 11

“I’m not as quick as I used to be,” Sankey conceded.

“It was his walker. He got high-centered in the grass,” Akers quipped, scoring one more point before the good-natured ribbing shifted to heckling over another moment in the contest.

Make no mistake, umpiring is not for the weak. All of them agreed that a good game is one that is over—and one they could walk out of alive—uncoated by spectator’s belongings.

“I was told once, by a coach from Spearfish, that it had been the worst umpiring that he had ever seen. But he gave me credit for one thing, and that was the fact that I was equally bad for both teams,” said Williams with a chuckle. “That has always stuck in my mind.”

As their children got too old to play baseball and time passed by, the old gang of umpires knew after decades of dedicating their time to a sport they love that it was coming to an end. They knew when it was time to set down their clicker and hang up the catcher’s mask.

“After a while, you know when you’re standing on second base and you hear the ball hit the bat, but you don’t know where it went, that it’s time,” Akers reasoned.

There is no doubt that the world of baseball

has changed since this group of umpires were young-guns. Akers has noticed as he gets older the players seem to get younger, and Williams has observed a changed in community collaboration.

“When we were coaching and umpiring this was strictly volunteer. We mowed, we watered, we put up the fences, and we didn’t have any support back then,” he observed. With the remodeling of the baseball complex, community backing, and help from Sankey himself, the baseball program has turned over a new leaf recently.

While reminiscing on the days of the past, each umpire said they felt very honored when asked to come back and ump on their old stomping grounds.

“I don’t think in all the years we’ve umpired we ever had a bad word between us,” said Williams as he turned to Akers. “He misses a lot of calls, and he takes it good when we criticize him.”

Dusting off the old chest protector and making the dicey call as a player slides into home plate brought back timeless memories and many smiles, and it sounds like the guys are willing to do it again if given the opportunity.

“We’ll be back next year if we’re invited,” Williams Akers laughed, “If we’re alive.”

Karp

from page 11

fans going. And who doesn’t love to hear Ozzy Osbourne scream “All aboard! Hahahaha!” as “Crazy Train” begins?

AC/DC and Van Halen have provided DJs at sporting events songs that have become fan faves, like “Hells Bells”, “T.N.T.”, and “Jump”. “Centerfield” by John Fogerty, “Eye of the Tiger” by Survivor, and “Y.M.C.A.” by the Village People are also great for certain moments in a contest.

“Start Me Up” by The Rolling Stones is perfect to play in moments during the game when the home team is on a roll.

During game four of the NBA finals, there was a moment when the DJ in Cleveland became my hero. The game was intense and crazy, with tempers flaring on the court. Technicals were being thrown about like confetti, and at one point a fan sitting behind the Cavs’

bench was ejected from the arena.

As all of the chaos was taking place, from the sound system came “Turn Down for What” by DJ Snake & Lil Jon. That song being played at that moment helped to diffuse what was a pretty tense situation and quite frankly, made it funny.

While most people would agree that music helps to enhance the sporting event experience for fans and players, some argue that music detracts from the essence of the contest.

To that end, during the NBA Conference Finals, the New York Knicks kicked off one of the contests with the announcement that during the first half of the game, there would be no music, no videos, nor any in-game entertainment so that fans could “experience the game in its purest form.”

Players were announced without music, and there

was nothing coming from the speakers as the game was being played, nor during time-outs. As such, fans could hear the sounds they may not necessarily get to hear. They got to listen to players as they spoke on the floor, and they heard the shoes squeaking on the court, the coaches as they coached, and the fans as they cheered on—or taunted—players from the opposing team.

I’m sure that it was strange to sit in an arena that size and just listen to the sound of the game, but I think that it was probably kind of cool. However, I also bet fans were not disappointed when the music came back during the second half.

While I do enjoy the sound of the game all by itself, music is one of the things that I love about sporting events so appreciate the DJs and what they bring to the game.

Join us for a fun week at Vacation Bible School!



June 26-30, 2017

The fun is from 8:45 a.m. to noon and is for ages 5-12!

Hosted by the Newcastle Seventh-day Adventist Church
Located next to the Pizza Barn on Old Hwy 85

Weston County Senior Services provides support services for

- Meals on wheels
- Senior Community Center
- Senior Living Facilities
- Walk-in meals for under-privileged citizens
- and much more!

And we’re glad you do.

In fact, we are proud to partner with you and other community organizations to help make life better for everyone.

Black Hills Energy employees presented a Black Hills Corp. Foundation and Black Hills Energy check for \$10,000 to the Weston County Senior Services located in Newcastle, Wyoming. Pictured are back row: Autumn Meyers, Brandee Hebbing, LeRoy Dummer, Bill Quick. Front row: Pat Adams, Candi Meyers, Carolyn Shields, Patty Whitney, Lee Bergstrom and BHE representatives, Jamie Hill, Ron Hein, Tom Berry and Brad Krush.

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